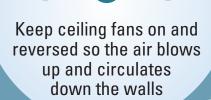


using these steps:

Leave interior doors open and run exhaust fans in bathrooms and kitchens



Utilize a dehumidifier if you live in a wet environment Avoid using harsh cleaners before and during the event

Steer clear of strong scents like candles and wall plugins

Separate pets from the guest areas

Keep windows closed during peak pollen and pollution times, but crack them during parties for extra air and temperature flow

National Jewish Health®

Breathing Science is Life.