



**National Jewish
Health®**

Breathing Science is Life.®

Environmental Sources of NTM

NTM
Lecture Series
for Providers

April 25-26, 2024

Jennifer R. Honda, PhD, ATSF

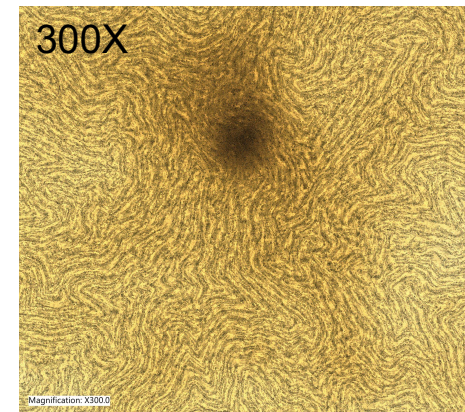
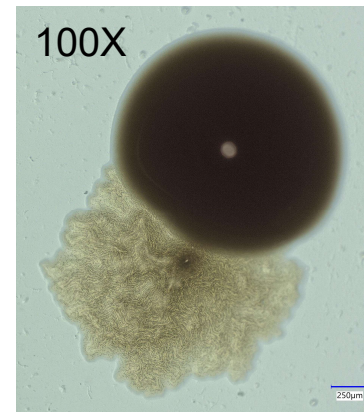
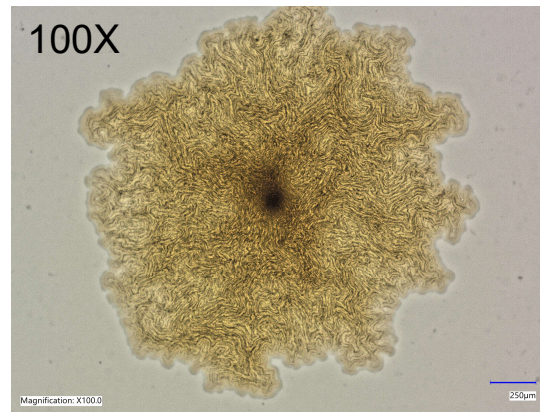
Outline

- NTM microbiology and historical niches *
- What's new? Studies on environmental features that may impact NTM
- What's new? How to reduce exposures
- What's new? NTM in the hot spot of Hawai'i
 - Diversity and preferred niches
 - Volcanos
 - Wildfires
- The future – How climate change may impact environmental NTM distribution.

NTM - General Microbiology 101

- NTM have a thick outer membrane containing lipids, waxes, mycolic-acid → hydrophobic¹
 - Adherence to plumbing pipe surfaces²
 - Broad resistance to disinfectants, chemicals, and antibiotics³
 - Can be biofilm pioneers⁴
- Resistant to low pH of stomach⁵
- Withstand exposure to high temperatures (50-60 °C); *M. avium* tolerates 45°C⁴
- Metal resistance⁶.

Adaptable!



¹ Brennan, *et al.*, Annu Rev Biochem, 1995; ² Mullis, *et al.*, J Appl Micro, 2013; ³ Rastogi *et al.*, Antimicrob Agents Chemo 1981; ^{4,5} Falkinham *et al.*, Clin Chest Med, 2002; ⁵ Portaels *et al.*, Ann Microb, 1992; ⁶ Falkinham *et al.*, Antim Agents Chemo 1984.

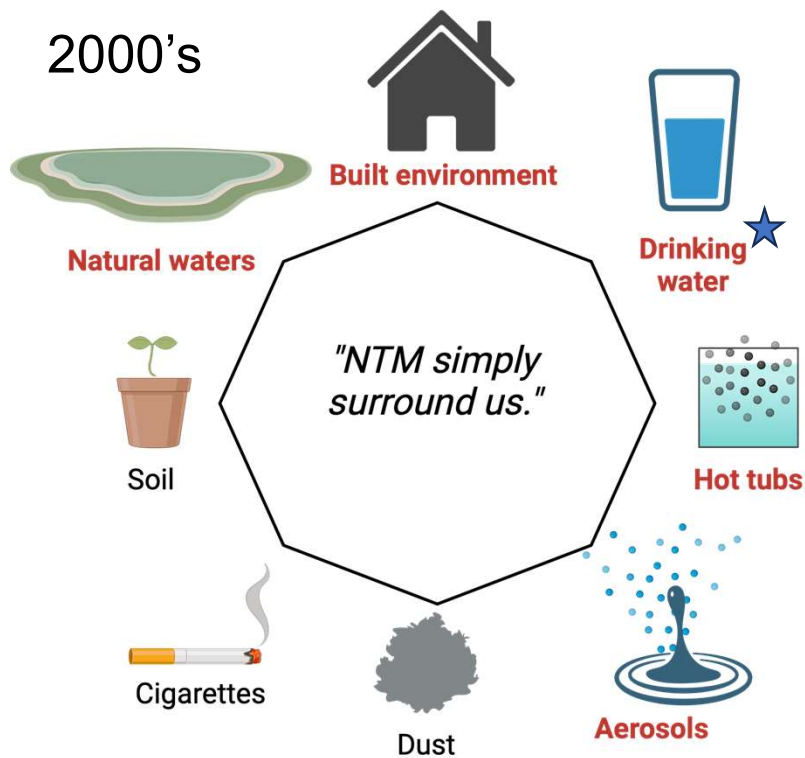
Generalized resistance of NTM to disinfection

TABLE 1 | Summary of relative susceptibility of NTM to chemicals used for disinfection.

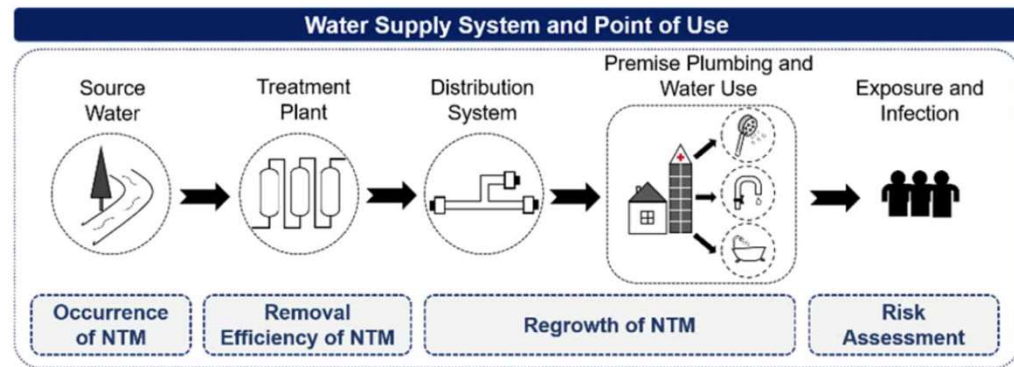
Disinfectant chemicals	Relative susceptibility amongst mycobacterium species
Chlorine releasing compounds (including sodium hypochlorite and TC-101)	<i>M. fortuitum</i> and <i>M. chelonae</i> are more resistant than <i>M. gordonae</i> and <i>M. aurum</i> . <i>M. chelonae</i> subspecies <i>abscessus</i> is more resistant than <i>M. tuberculosis</i> .
Iodophor	<i>M. chelonae</i> subspecies <i>abscessus</i> and <i>M. tuberculosis</i> have similar susceptibility.
Phenol	<i>M. chelonae</i> and <i>M. terrae</i> are more resistant than <i>M. bovis</i> .
Silver nanoparticles	<i>M. smegmatis</i> is highly susceptible to silver nanoparticles (AgNP) compared to <i>M. avium</i> and <i>M. marinum</i> .
Glutaraldehyde	<i>M. tuberculosis</i> , <i>M. terrae</i> , <i>M. bovis</i> , <i>M. avium</i> , <i>M. abscessus</i> , and <i>M. chelonae</i> have similar susceptibility. However, glutaraldehyde-resistant clinical isolates have been identified for <i>M. abscessus</i> and <i>M. chelonae</i> . In a study of nine <i>Mycobacterium spp.</i> , <i>M. smegmatis</i> , and <i>M. marinum</i> are highly susceptible to glutaraldehyde solutions; <i>M. avium</i> , <i>M. kansasii</i> , and <i>M. scrofulaceum</i> showed intermediate susceptibility; and <i>M. tuberculosis</i> , <i>M. bovis</i> , and <i>M. intracellulare</i> were resistant, requiring higher concentrations and longer contact times to achieve reduction in counts.
Alcohol	<i>M. chelonae</i> subspecies <i>abscessus</i> and <i>M. tuberculosis</i> have similar susceptibility to alcohol. Resistance to glutaraldehyde does not alter resistance of <i>M. abscessus</i> to 15% isopropanol.
Hydrogen peroxide	<i>M. tuberculosis</i> , <i>M. terrae</i> , <i>M. bovis</i> , <i>M. avium</i> , <i>M. abscessus</i> , and <i>M. chelonae</i> have similar susceptibility.
Ortho-phthalaldehyde (OPA)	Glutaraldehyde-resistant strains of <i>M. abscessus</i> and <i>M. chelonae</i> are similarly susceptible to OPA as glutaraldehyde-sensitive strains. <i>M. terrae</i> is more resistant than <i>M. chelonae</i> and <i>M. bovis</i> .
Peracetic acid	<i>M. tuberculosis</i> , <i>M. terrae</i> , <i>M. bovis</i> , <i>M. avium</i> , <i>M. abscessus</i> , and <i>M. chelonae</i> have similar susceptibility.
Quaternary ammonium compounds	<i>M. chelonae</i> and <i>M. abscessus</i> are more resistant than <i>M. smegmatis</i> . <i>M. terrae</i> is more resistant than <i>M. bovis</i> .

Reviewed in Weeks *et al.*,
Frontiers in Public Health, 2020

“Atypical” no longer



One of the most serious waterborne infections. ^{1,2}



“We predict an increasing incidence of interactions between humans and mycobacteria in the coming years. ³

⁶Falkinham et al., J Appl Micro, 2009; ¹Gan et al., H2O Open Journal, 2022; ²Collier, et al., Estim Burden HealthCare, 2021; ³Falkinham et al., Clin Chest Med, 2002; Primm et al., 2004
Image created in BioRender

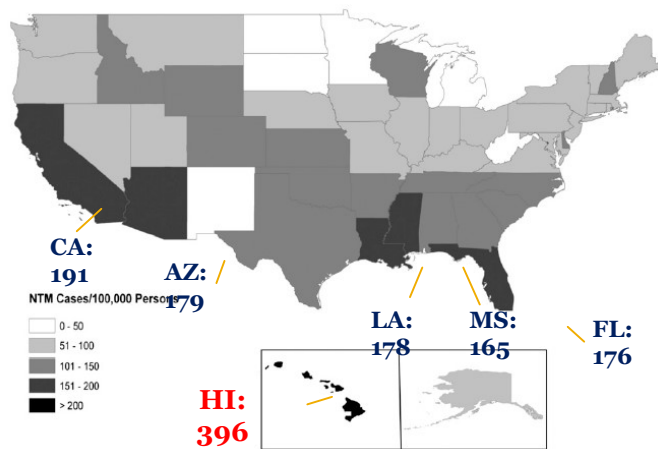
“Anonymous” no longer

- Inhalation from the environment – shower water and soil aerosols; spa exposures ^{1,2 3,4}
- Oral ingestion – drinking water ⁵
 - Survival in stomach acid and reflux into the lung
- Aerosols from ultrasonic humidifier use ⁶
- Dermal contact ⁷
- Hospital ice and ice machines ⁸
- Heater-cooler devices ⁹ and bronchoscopes ¹⁰
- Biofilms in water lines in dental drilling and cleaning devices ^{11,12}
- Glass, copper, galvanized steel, PVC ^{13, 14, 15}

¹ Thomason *et al.*, *Appl Env Microi*, 2013; ² Gebert *et al.*, *mBio*, 2018; ³ Uwamino, *et al.*, *J Infect Chemoth*; 2020; ⁴ Nakanaga, *et al.*, *J Clin Micro*, 201; ⁵ Hamilton, *et al.*, *Water Research*, 2017; ⁶ Hamilton *et al.*, *J Med Microbio*, 2018; ⁷ Patel *et al.*, *Case Rep Dermatol Med*, 2013; ⁸ Millar *et al.*, *Int J Mycobacteria*, 2020; ⁹ Sax *et al.*, *Clin Infect Dis*, 2015; ¹⁰ Gubler *et al.*, *Chest*, 1992; ¹¹ Schulze-Robbeke, *et al.*, *Tubercle Lung Dis*, 1995; ¹² Wang *et al.*, *Eur Resp J*, 1995; ¹³ Steed, *et al.*, *Appl Env Micro*, 2006; ¹⁴ du Moulin, *et al.*, *JAMA*, 1988; ¹⁵ George, *et al.*, *Am Rev Respir Dis* 1980.

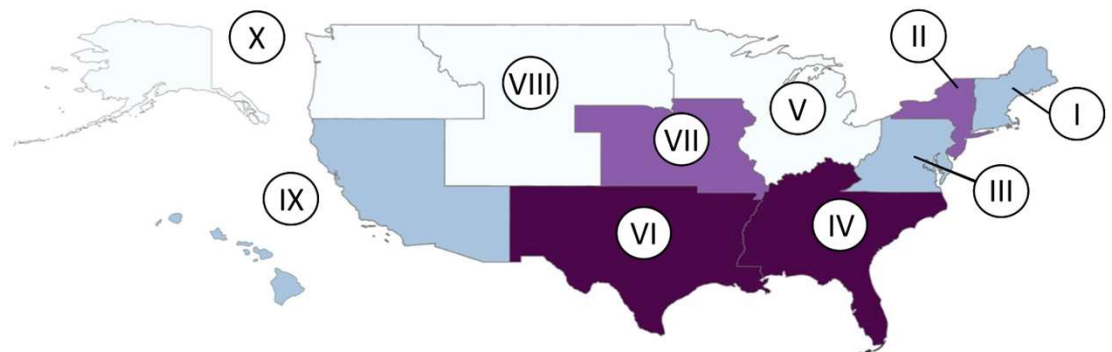
Geography to lung infections, U.S.

NTM national prevalence – 1997-2007 ¹

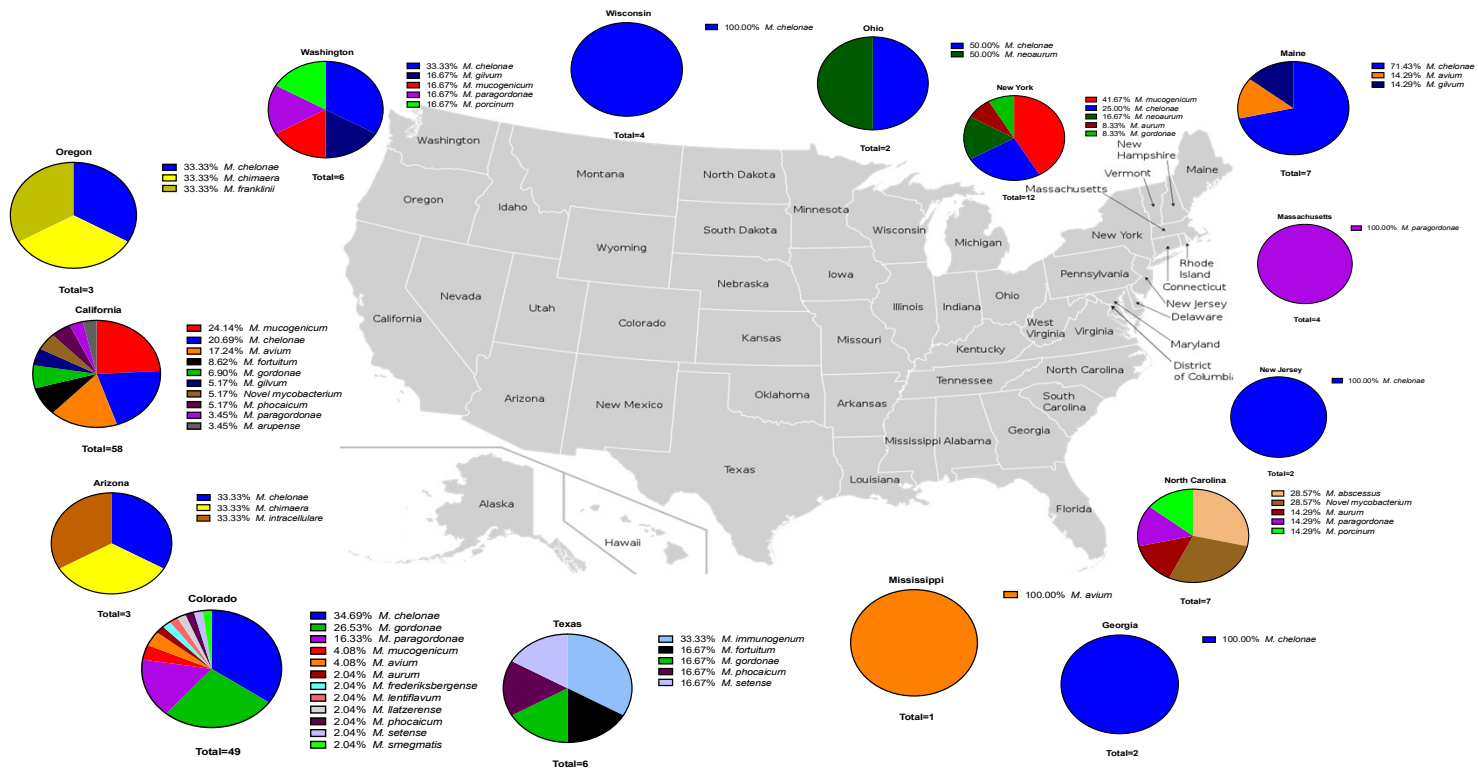


396 cases/100,000 population
among persons > 65 years-old

NTM culture positivity (%); 2019-2022
National Commercial Lab ²



M. chelonae, the environmental generalist

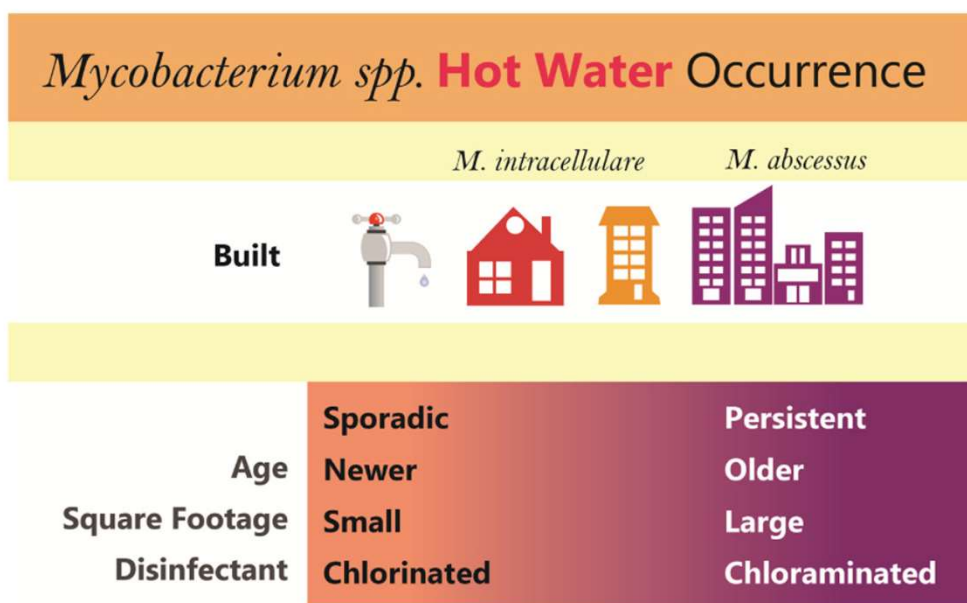


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- **What's new? Studies on environmental features that may impact NTM**
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Building size and disinfectant type drives NTM in hot water plumbing

Residences vs office buildings



- *M. abscessus* hot water persistence is higher at residences than office buildings.
- *M. intracellulare* hot water occurrence is influenced by age and square footage.
- *M. avium*'s hot water occurrence is affected by distances between tank and tap.

Each NTM shows different trends associated with structure and disinfectant.

Freshwater features that may contribute to NTM

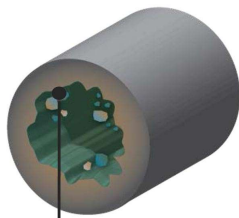
Mycobacterium avium in Community and Household Water, Suburban Philadelphia, Pennsylvania, USA, 2010–2012

Leah Lande, David C. Alexander, Richard J. Wallace, Jr., Rebecca Kwait, Elena Iakhiava, Myra Williams, Andrew D.S. Cameron, Stephen Olshefsky, Ronit Devon, Ravikiran Vasireddy, Donald D. Peterson, Joseph O. Falkinham, III

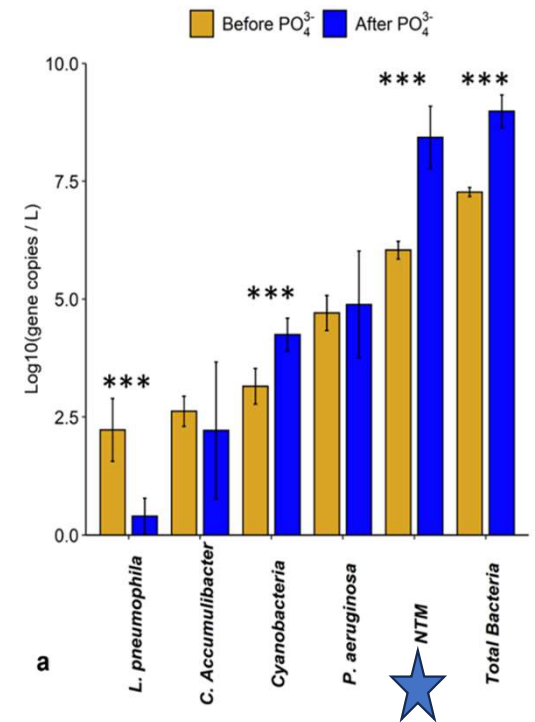
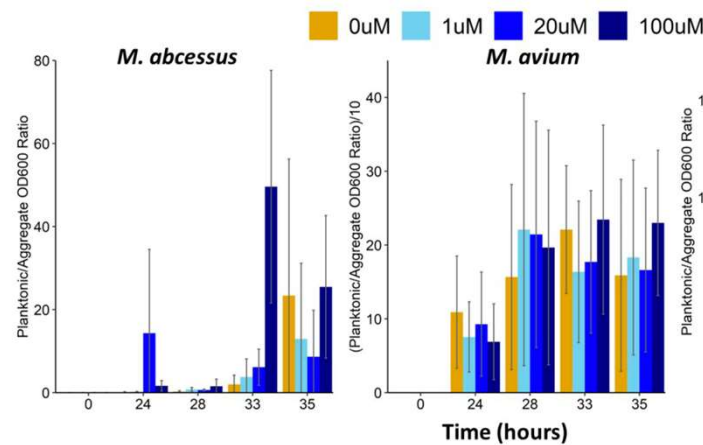
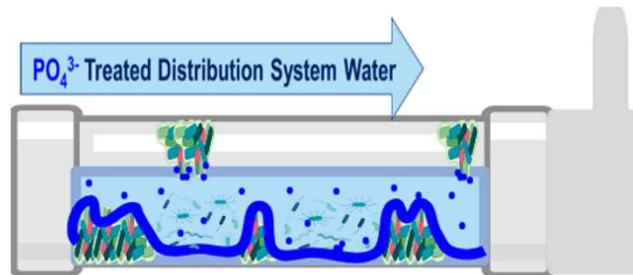
Many drinking water systems commonly add **orthophosphates** to reduce the release of metals and control for lead and copper in pipes. ¹



A protective layer of **Orthophosphate** forms to prevent pipe corrosion.



Lack of corrosion control allows lead to leach from pipes into water.

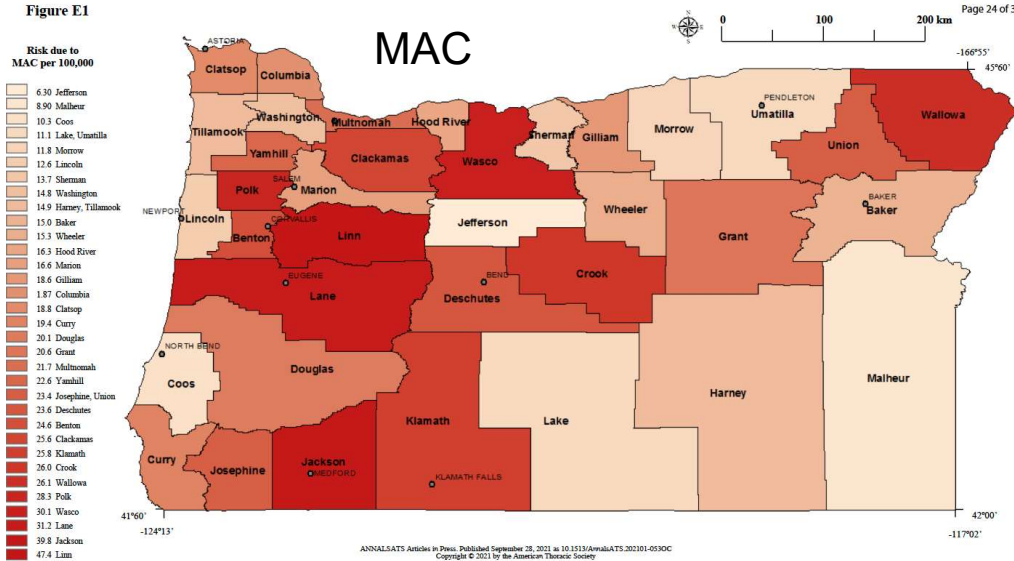


Certain metals as predictors – location dependent

Oregon

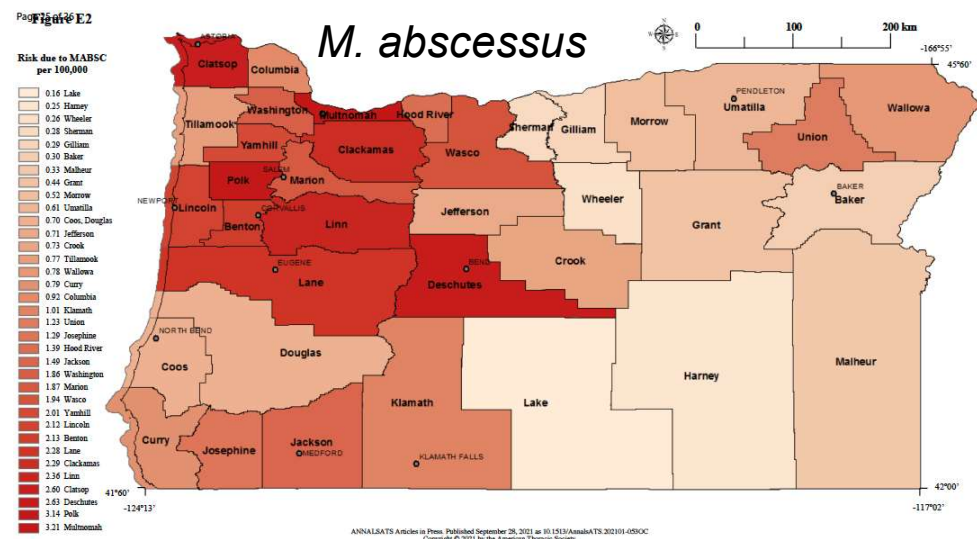
As molybdenum increases, MAC infections increase by 45%.
 ((Molybdenum associated with disease risk in Colorado)).

Figure E1



As vanadium increases, *M. abscessus* infections increase by 41%.

Figure E2



Lipner, et al., Annals ATS, 2021

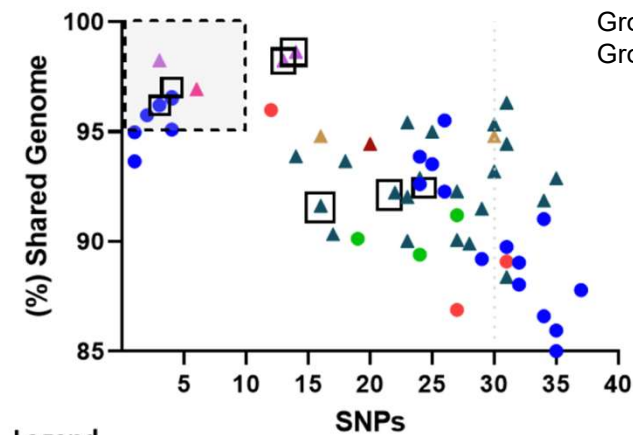
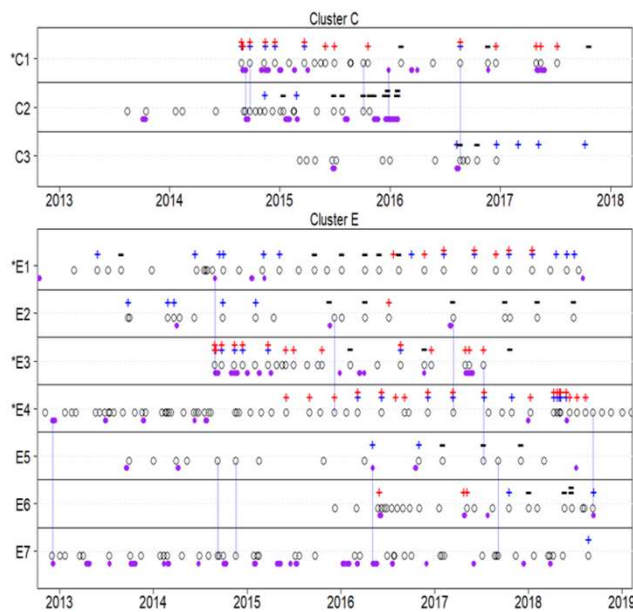
Lipner et al., Env Epi, 2023
 Lipner et al., Env Epi, 2022
 Lipner et al., J Expo Sci Env Epi, 2021
 Lipner et al., In J Env Res Pub Health, 2020



Risk for healthcare NTM acquisition

Genomic Epidemiology of *Mycobacterium abscessus* at an Adult Cystic Fibrosis Program Reveals Low Potential for Healthcare-Associated Transmission

M. abscessus ssp. *abscessus*



Gross *et al.*, Ann Am Thorac Soc, 2023
Gross *et al.*, Am J Respi Cell Mol Biol, 2022

Legend

- MMAS clusters
- Cluster A ● Cluster G ● Cluster F
- MAB clusters
- ▲ Cluster B ▲ Cluster C ▲ Cluster D ▲ Cluster E
- Overlap in healthcare
- ▤ Similarity with ≤ 10 SNPs AND ≥95% shared accessory genome

Gross *et al.*, ERJ, 2024 (In press);

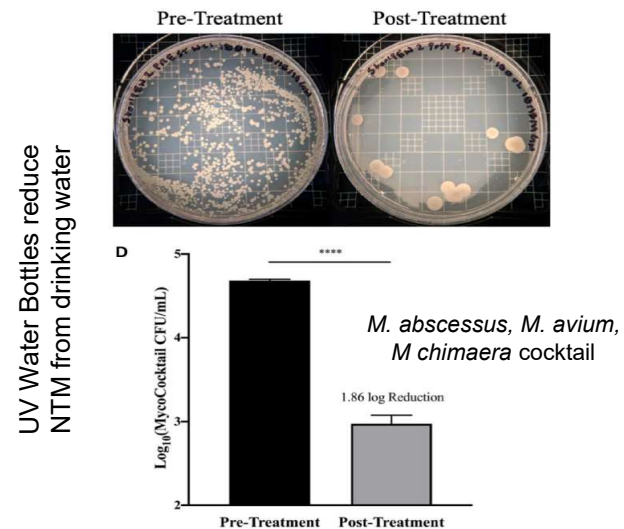
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Longstanding suggestions on how to reduce exposures

- Clean showerheads and faucet taps regularly.
- Avoid misting showerheads
- Ventilate bathrooms, showers, other steam areas.
- Use a water filter.
- Raise the temperature of household water heater and drain.
- Avoid humidifiers.
- Wear dust mask.
- Reduce acid reflux.
- Self-supplied water (e.g., wells, collected rainwater) is a protective factor, Virginia ⁵

- Avoid dusts from soil * 1, 2
- Boil water for 10min before use ³.
- Use of UV water bottles ⁴



Falkinham, Clin Chest Med, 2015; Honda, Clin Chest Med, 2023; ¹ Hamada *et al.*, Int J Myco 2016; ², Reed *et al.*, Am J Epidem, 2006; ³ Falkinham, WhiteJ, 2013;

⁵ Norton, *et al.*, Frontiers in Public Health, 2020; ⁵ Mullen, *et al.*, EID, 2024.

Reducing shower humidity reduces aerosolized NTM

Saturated vapor pressure is a climate variable that affects NTM prevalence ^{1,2,3}

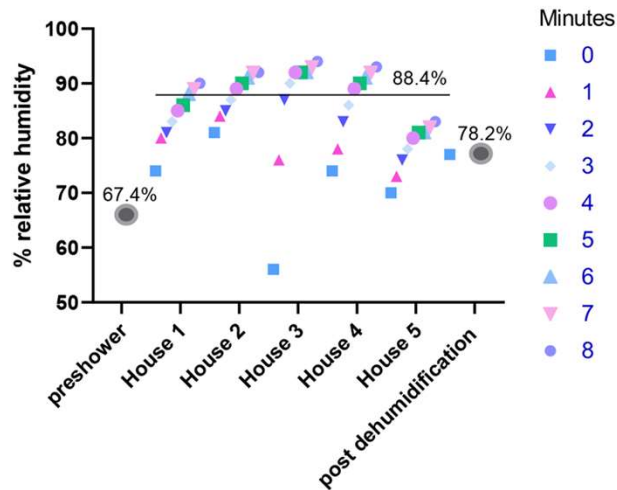
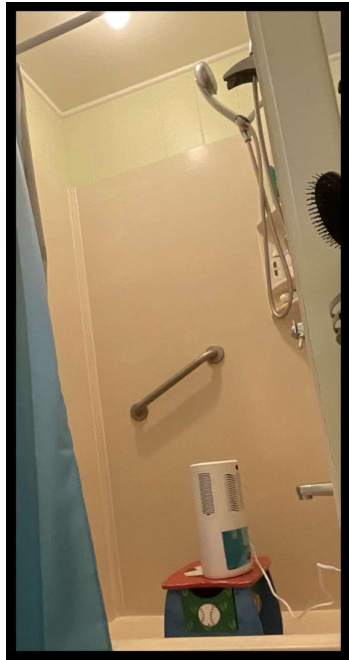


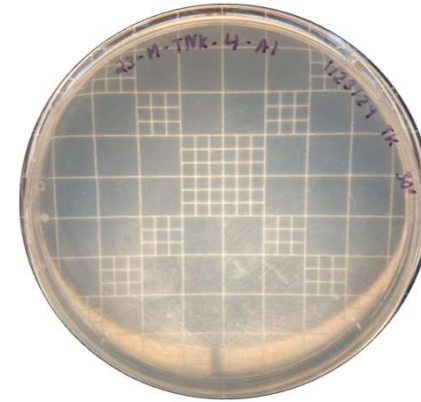
Table 1 Dehumidification reduced *Mycobacterium chelonae* aerosolization, sampling round 1 (37 °C)

House:	Biofilm		Air		
	Showerhead biofilm (swab):	Showerhead biofilm (swab), post- disinfection	Pre shower air (SAS):	Post shower air (SAS):	Post dehumidification (SAS):
1	<i>M. chelonae</i>	No NTM	No NTM	<i>M. chelonae</i>	No NTM
2	No NTM	No NTM	No NTM*	No NTM*	No NTM*
3	No NTM	No NTM	No NTM	No NTM	No NTM
4	No NTM	No NTM	No NTM*	No NTM*	No NTM
5	No NTM	No NTM	No NTM*	No NTM*	No NTM

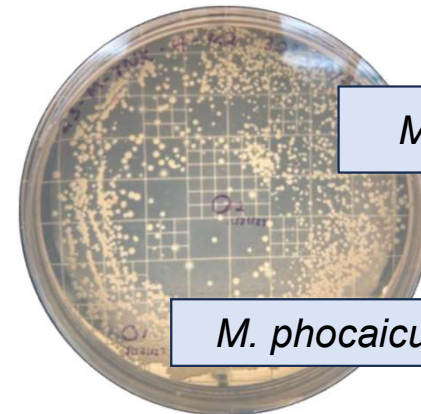
(*) Limitation - indicates instances where mold overgrowth likely reduced NTM detection

Showerhead filters do not reduce NTM, a pilot

House:	Biofilm		Water
	Pre-intervention Showerhead biofilm (swab):	Post-intervention Showerhead biofilm (filter):	Post-intervention Showerhead water:
1	No NTM	Pending	<i>M. gordonae</i>
4	No NTM		<i>M. phocaicum</i> , <i>M. chelonae</i>
5	No NTM		<i>M. porcinum</i>
6	No NTM		No NTM



Showerhead, pre-intervention



Showerhead, post-intervention

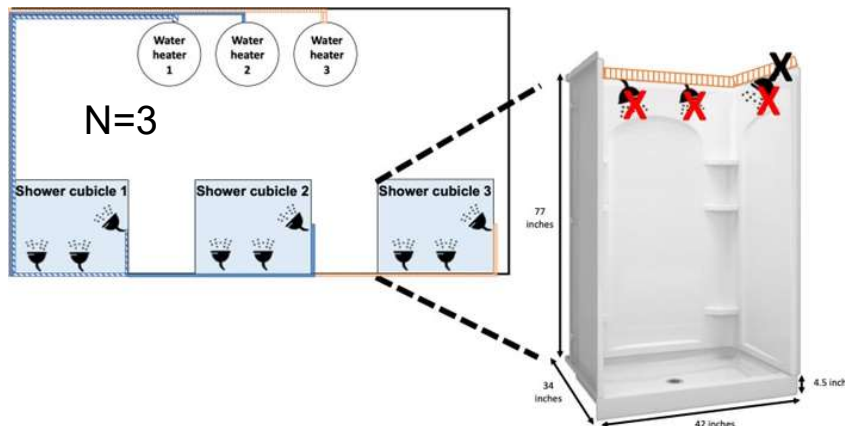
M. chelonae

M. phocaicum

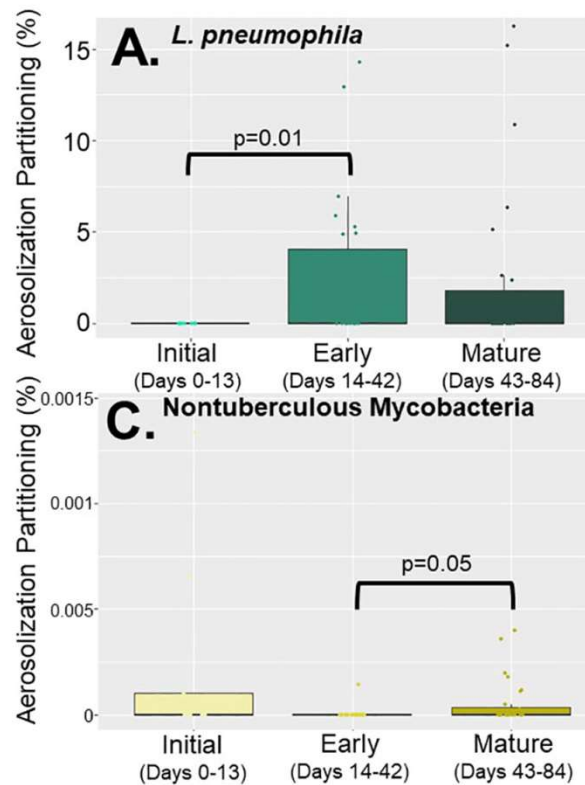
Unpublished

Antimicrobial showerheads do not impact aerosolization

1. Proprietary multistage antimicrobial filter
2. Antimicrobial silver-embedded
3. Conventional plastic



Pitell and Haig, Frontiers in Microbiome, 2024;

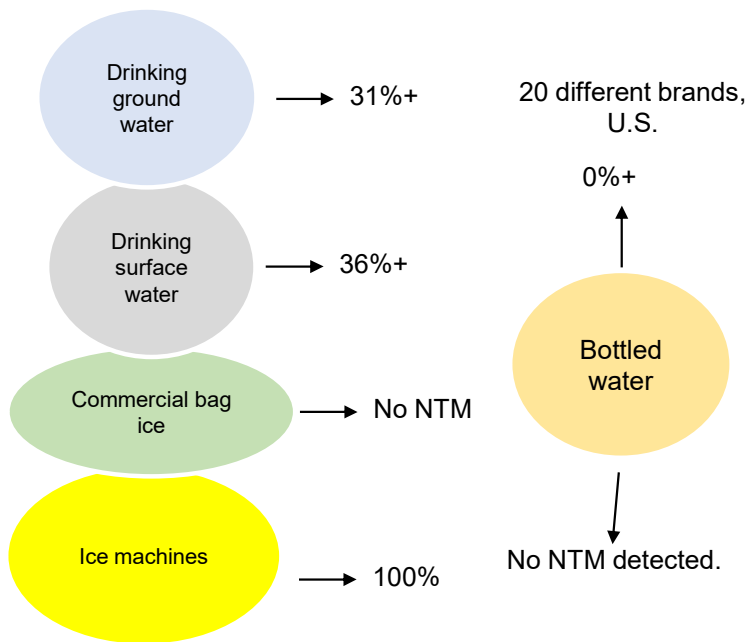


Drinking water associated pathogens did not differ between showerhead type

Each peaked as showerhead aged

of days of showerhead operation important.

Expand Drinking Water Awareness



Bottled Water (Honda Lab)

Water Tested:	Type of water (Source = U.S.A.) unless noted:	Characteristic:	Results:
1	Bottled Water, Brand 1	Natural spring water	None
2	Bottled Water, Brand 2	Purified water	None
3	Bottled Water, Brand 3	Natural spring water	None
4	Bottled Water, Brand 4	Water from snow	None
5	Bottled Water, Brand 5	Volcanic rock filtered water	<i>Mycobacterium neoaurum</i> <i>Mycobacterium phocaicum</i>
6	Bottled Water, Brand 6	Volcanic rock filtered water	None
7	Bottled Water, Brand (non-U.S.A.)	Volcanic rock filtered water	None
8	Distilled water	Commercially available	None
9	Sink faucet 1	Municipal water, Colorado	<i>Mycobacterium abscessus</i>
10	Sink faucet 2	Municipal water, Colorado	None
11	Sink faucet 3	Municipal water, Colorado	None
12	Water fountain	Municipal water, Colorado	None
13	Wall mounted water bottle filling station	Municipal water, Colorado	None

Holtzman, *et al*, J Food Protect 1997

Covert, *et al*, AEM, 1999

Totaro, *et al*, J Water Health, 2018

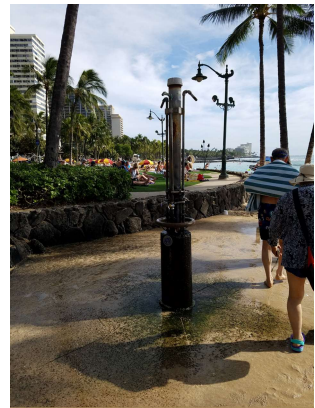
https://www.bottledwater.org/public/CCL4%20Microbes%20of%20Interest%20in%20Drinking%20Water_0.pdf

Honda Lab, unpublished.

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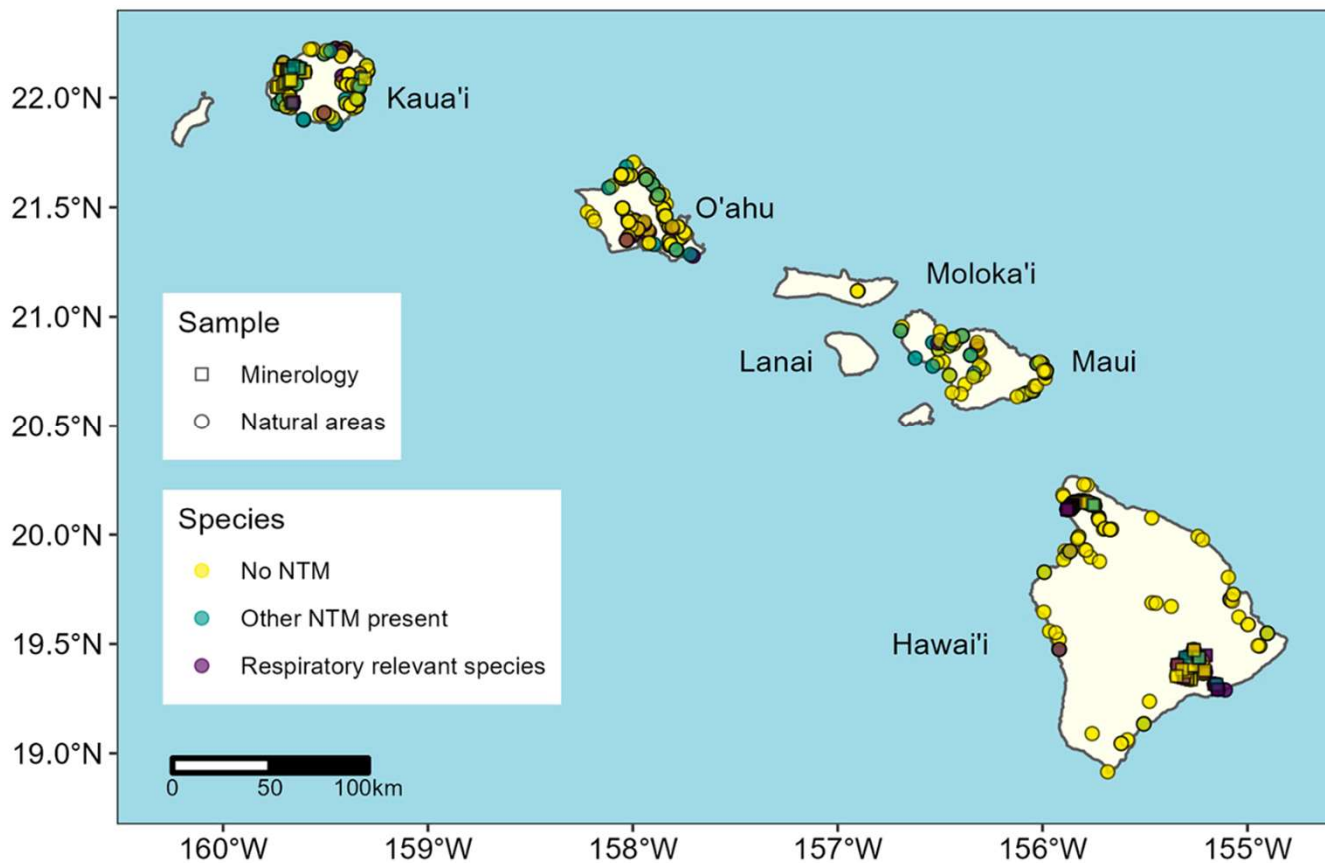
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Aloha Hawai'i – Teaching us about NTM

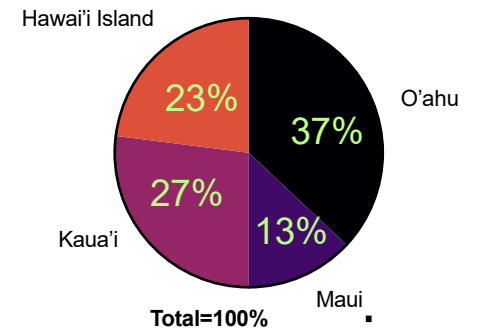


1. Enrichment in the built environment (Honda *et al.*, Plos Neg Trop 2016; Viridi, *et al.*, Microorganisms, 2020)
2. Preference for iron minerals, hematite in soil and aversion to gibbsite (Glickman *et al.*, App Env Micro, 2020)
3. Like highly expansive, moist soils containing high iron oxides and hydroxides (Parsons *et al.*, Appl Env Micro, 2022)
4. Vanadium in groundwater increases MAC lung disease risk (Lipner *et al.*, Env Epi, 2022)
5. Water transport from riparian zones into losing stream stretches, aquifers, and into homes (Nelson *et al.*, Geohealth, 2021).
6. Local feral pigs harbor pathogenic NTM species. (Hendrick, et al, in preparation.)

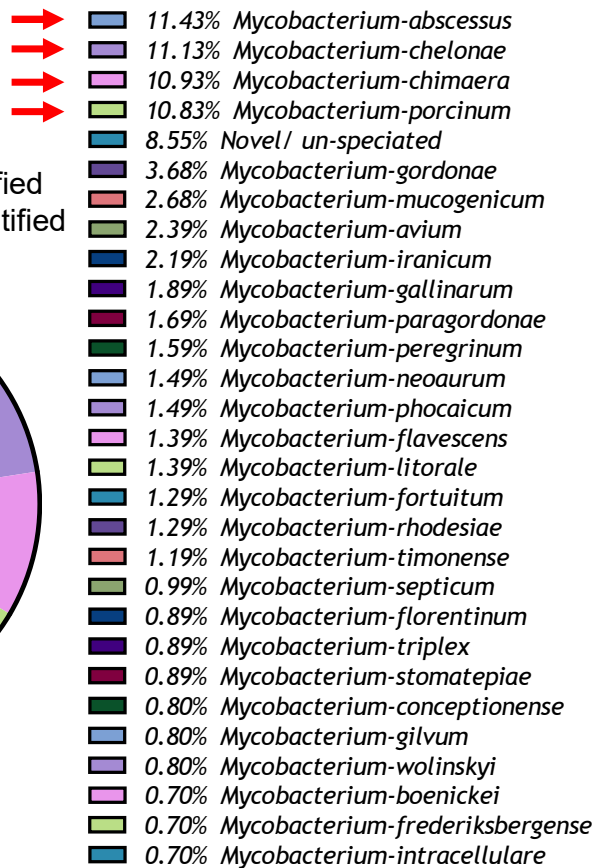
Larger cities are NTM hot spots



Island distribution
766 total NTM+ samples



Environmental NTM species diversity



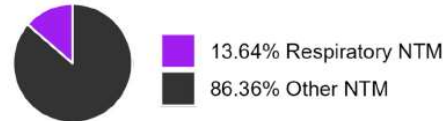
Total: 766 samples

Natural areas

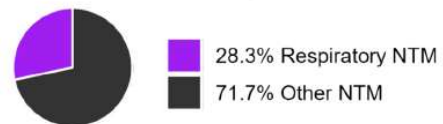
A: Total 37 Water Biofilms



B: Total 22 Water Filters

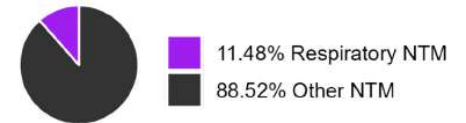


C: Total 212 Soil Samples

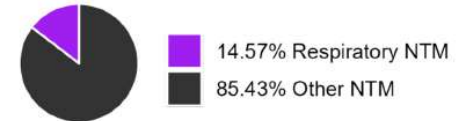


Houses

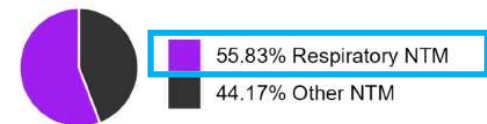
D: Total 61 Dust Samples



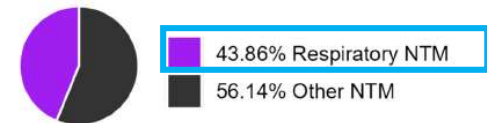
E: Total 151 Soil Samples



F: Total 120 Showerhead Biofilms



G: Total 114 Sink Biofilms



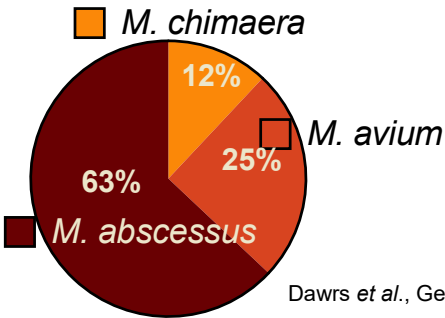
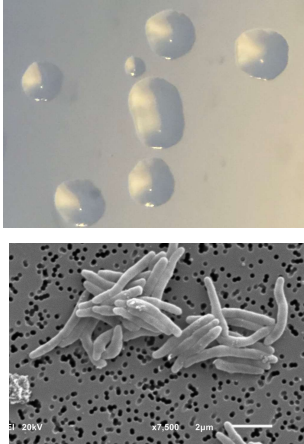
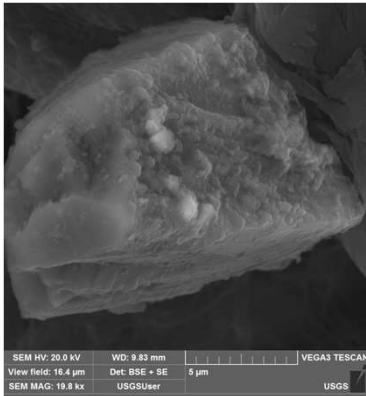
Active volcanism contributes to NTM

Photo credit: USGS

Kīlauea volcano, Hawai'i Island, 2018



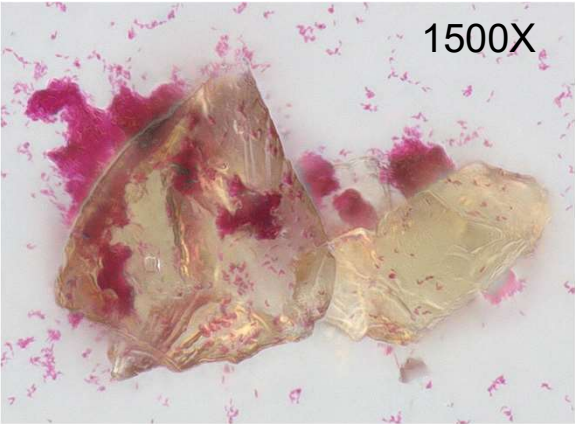
Kīlauea ash, SEM



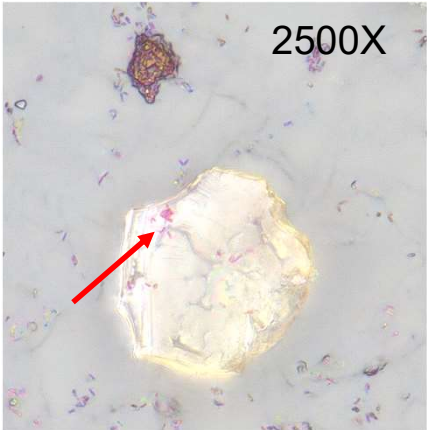
Dawrs et al., GeoHealth, 2023

Total = 8 NTM recovered from Kilauea ash

AFB

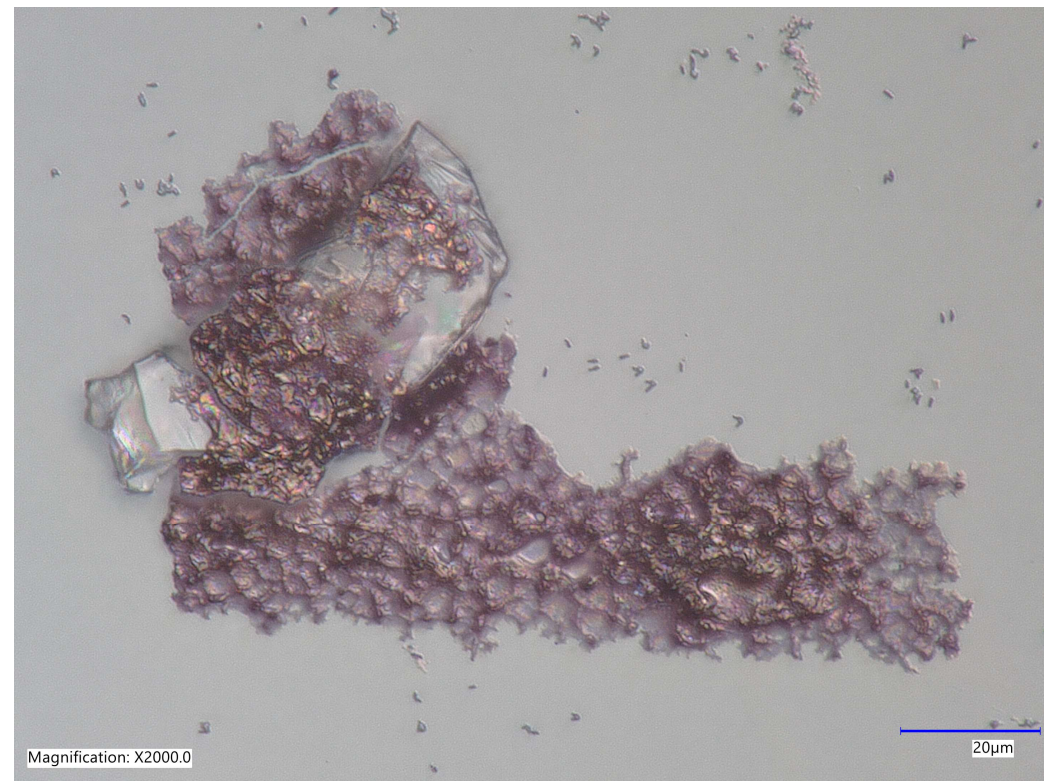
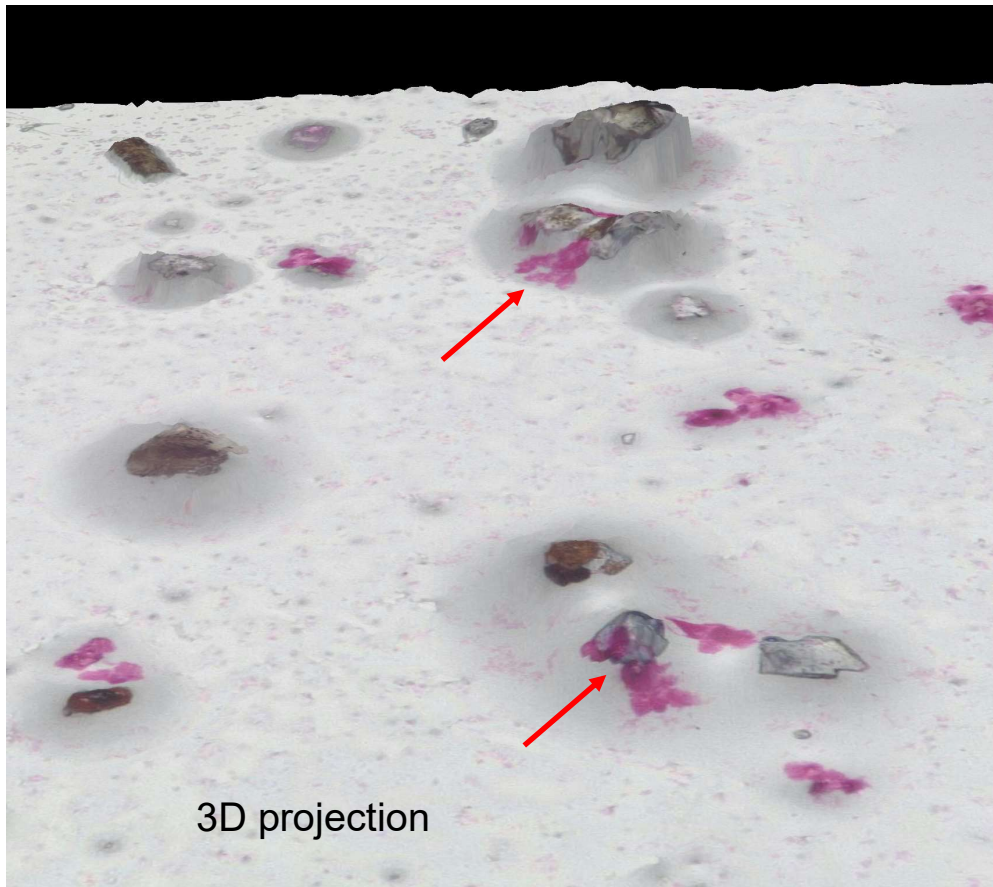


1500X

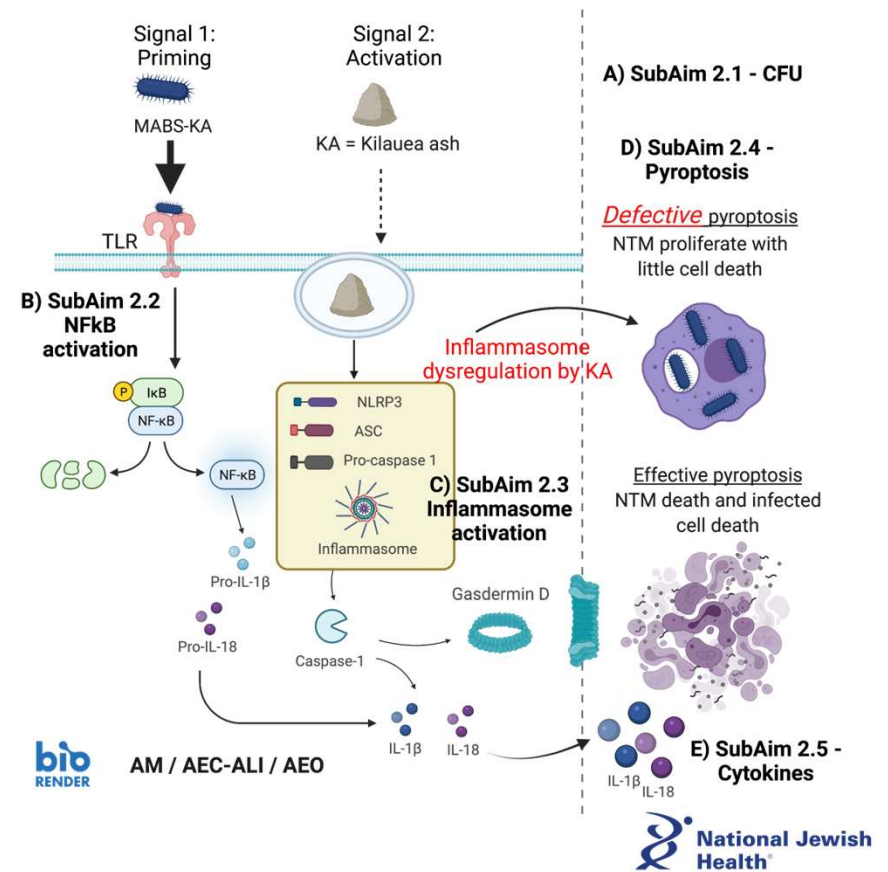
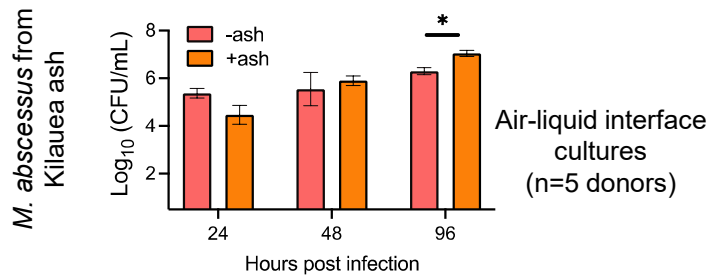
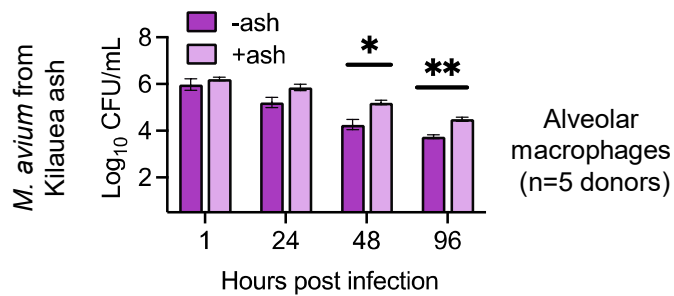
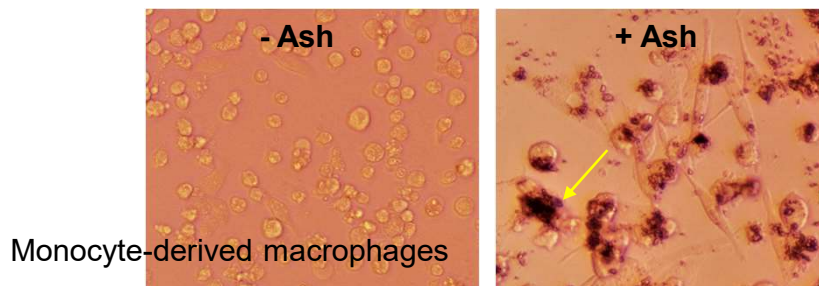


2500X

Active volcanism contributes to NTM



NTM, volcanic ash, and the inflammasome



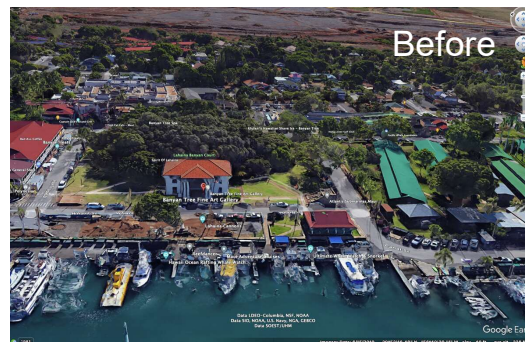
NTM and the Lāhainā wildfire

The Lāhainā Maui wildfire is earmarked both as the worst natural disaster in Hawai'i history and the deadliest U.S. wildfire in over 100 years.

August 2023



<https://www.sfchronicle.com/climate/article/maui-fire-before-after-photos-18290051.php>.

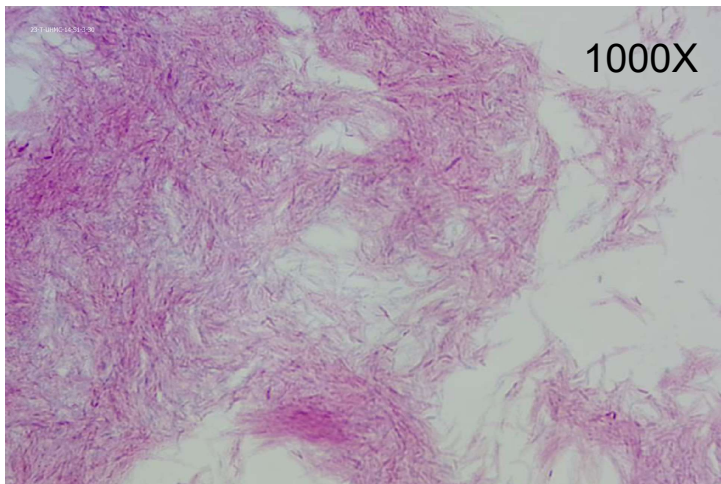


February, 2024, Lāhainā

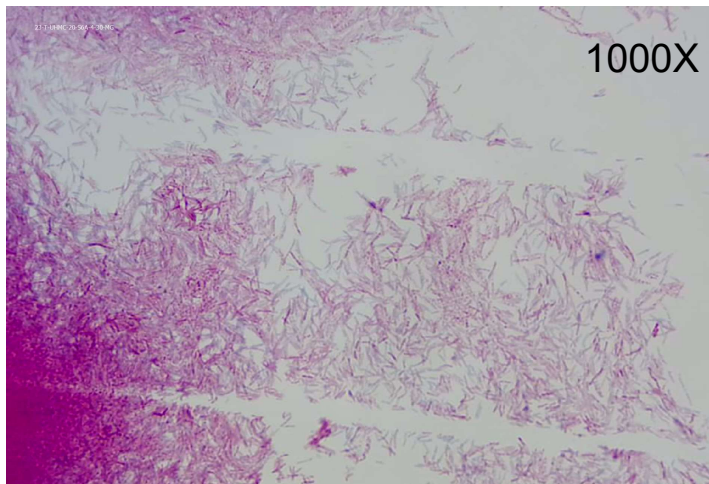


NTM and the Lāhainā wildfire

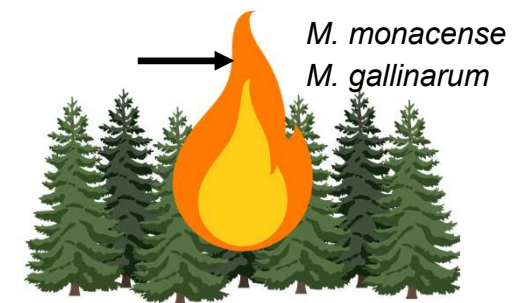
Soil and ash (burnt ground)
Non-household



Soil and ash (burnt ground)
Household



Wildfire ash, Kansas

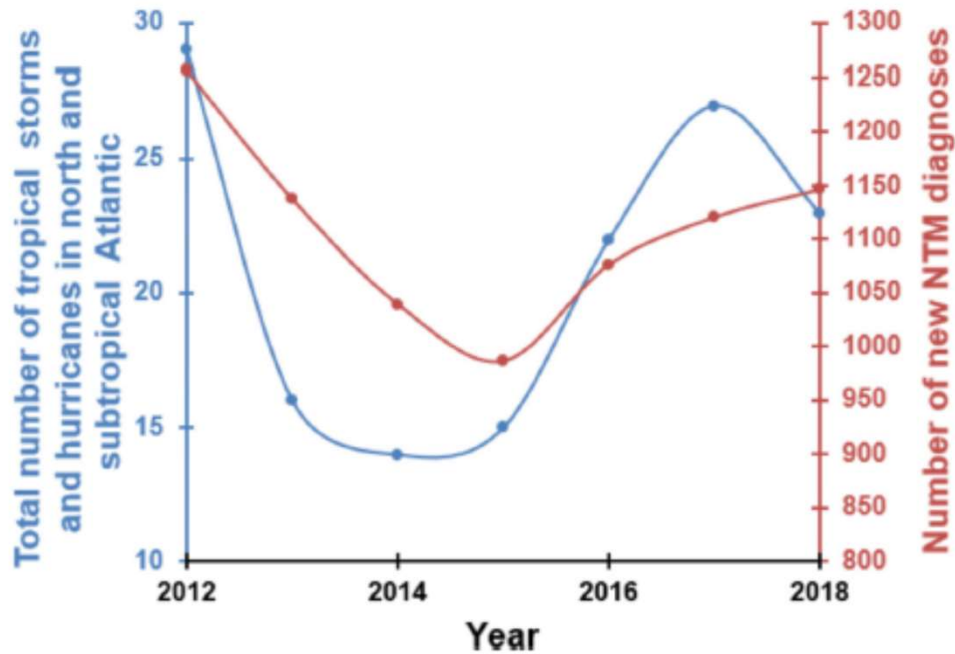


Outline

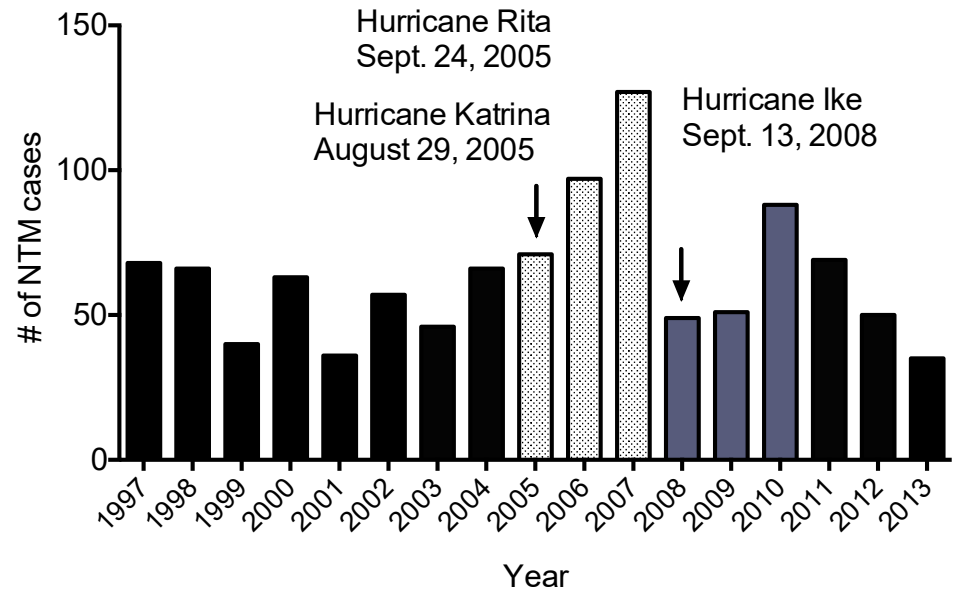
- NTM microbiology and historical niches
- What's new? Studies on environmental features that may impact NTM
- What's new? How to reduce exposures
- What's new? NTM in the hot spot of Hawai'i
 - Diversity and preferred niches
 - Volcanos
 - Wildfires
- The future – How climate change may impact environmental NTM distribution.

In addition to volcanic eruptions and wildfires.....

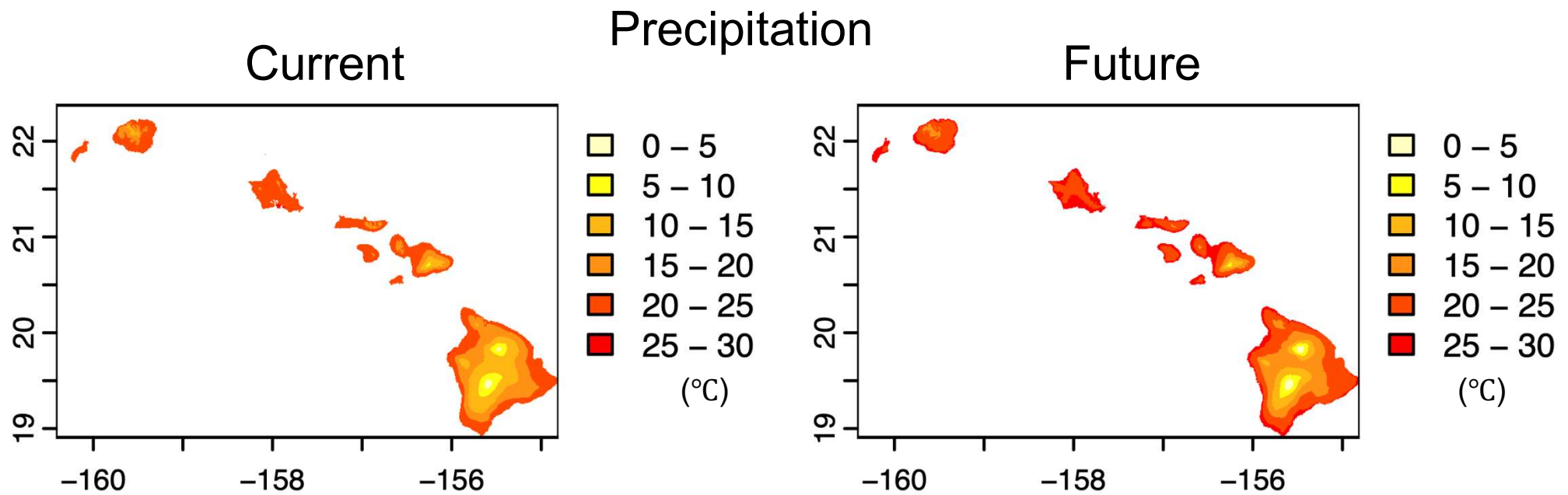
Tropical storms



Hurricanes



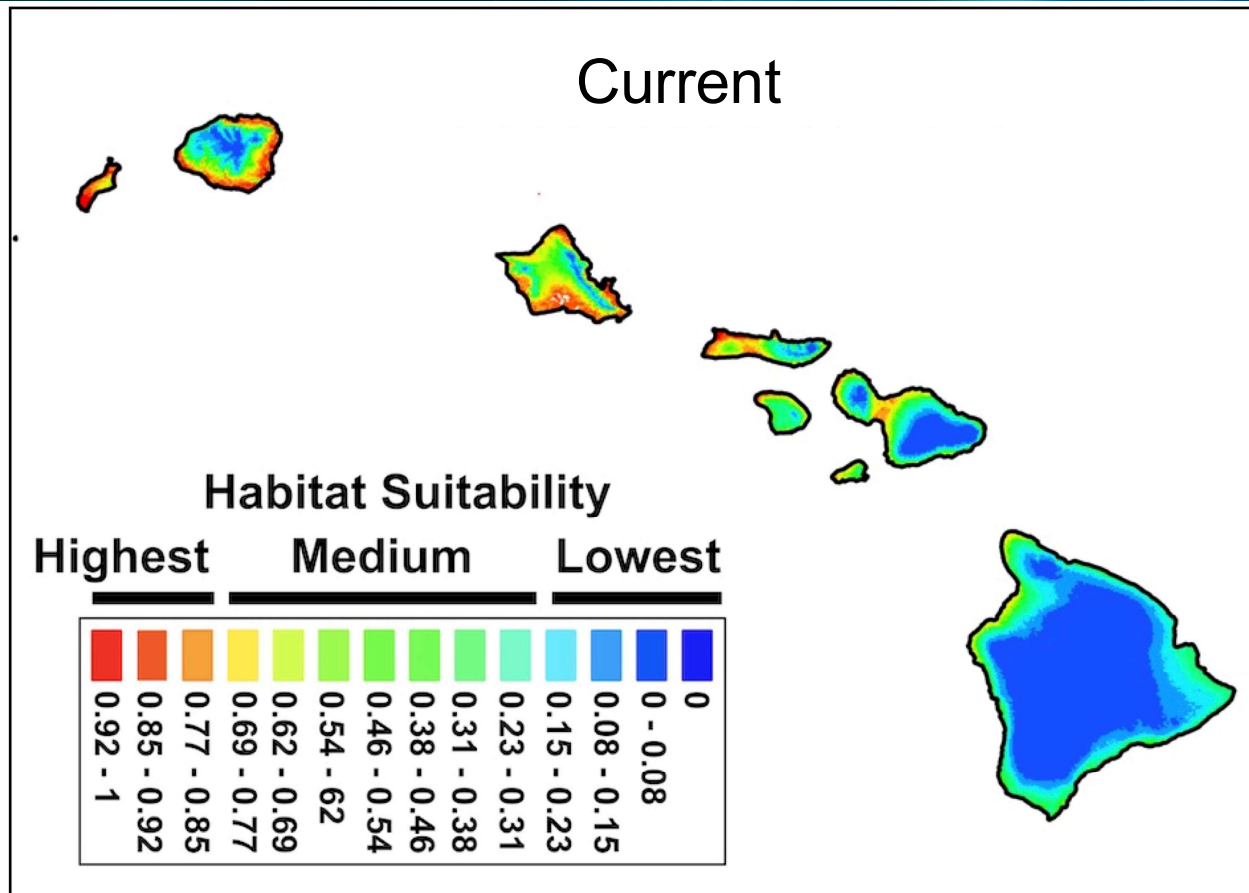
Our environments will likely get warmer



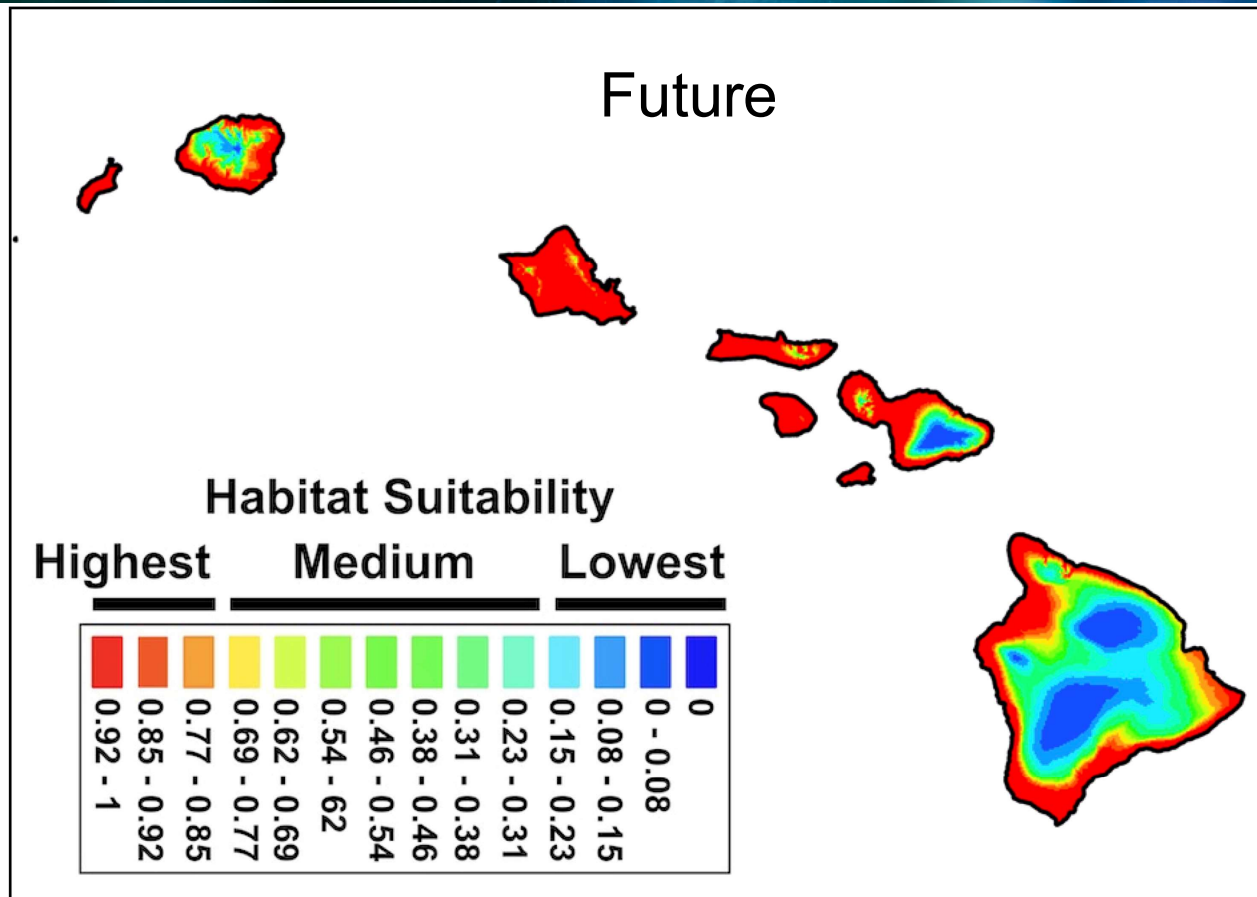
Ecological niche modeling

Unpublished
** Joshua Banta, PhD, University of Texas Health Science Center at Tyler
Jim Crooks, PhD, National Jewish Health

M. abscessus in Hawai'i

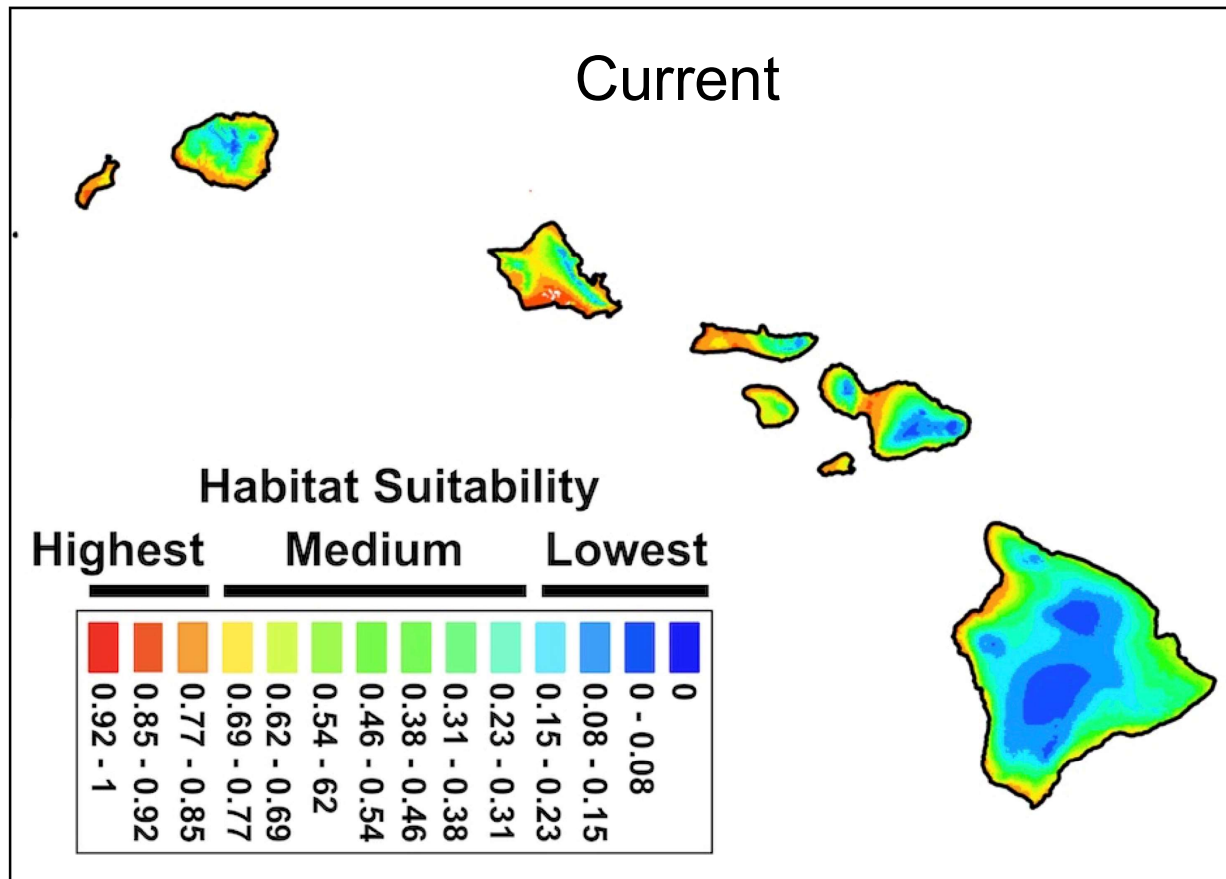


M. abscessus in Hawai'i

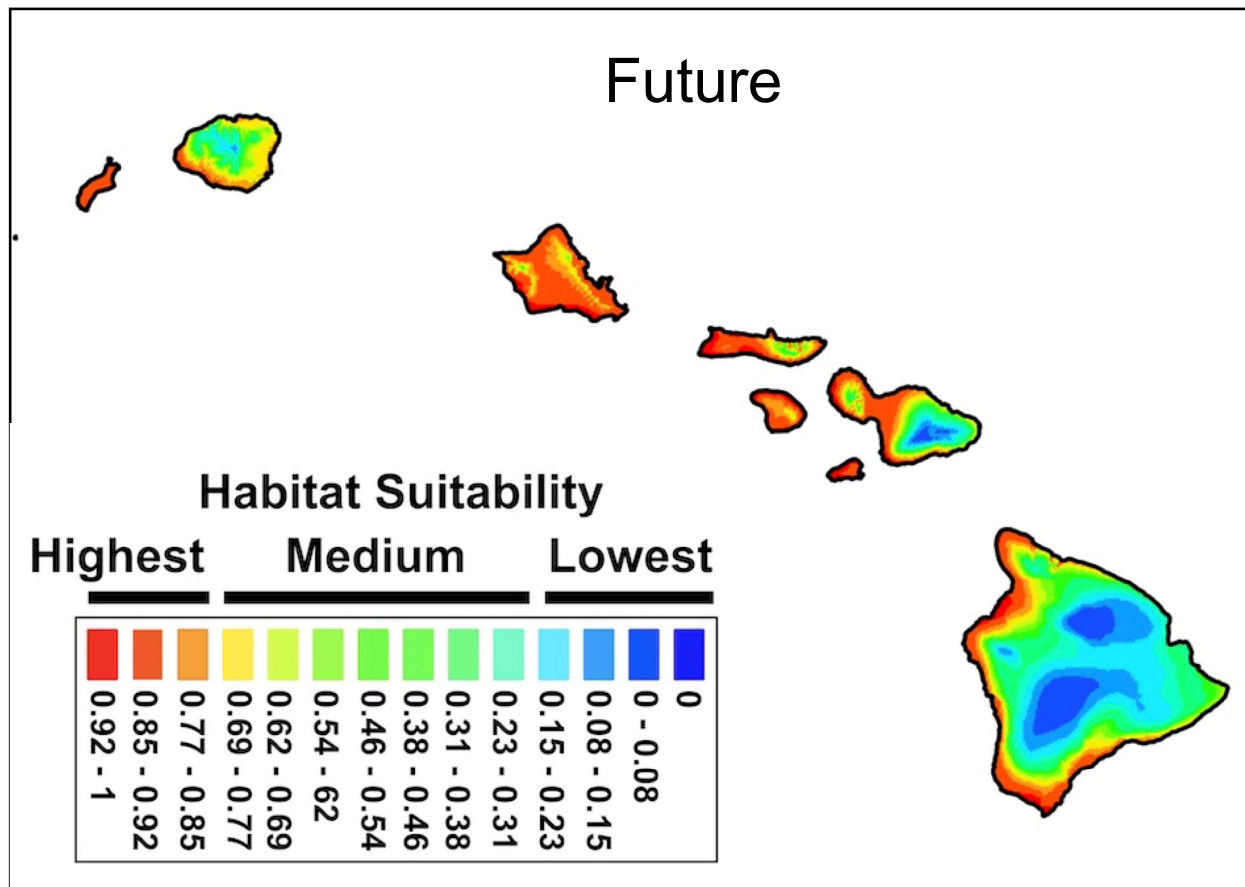


Future climate data from the years 2041 - 2070 based on the IPSL-CM6A-LR climate model and a shared socioeconomic pathway

M. gordonae in Hawai'i

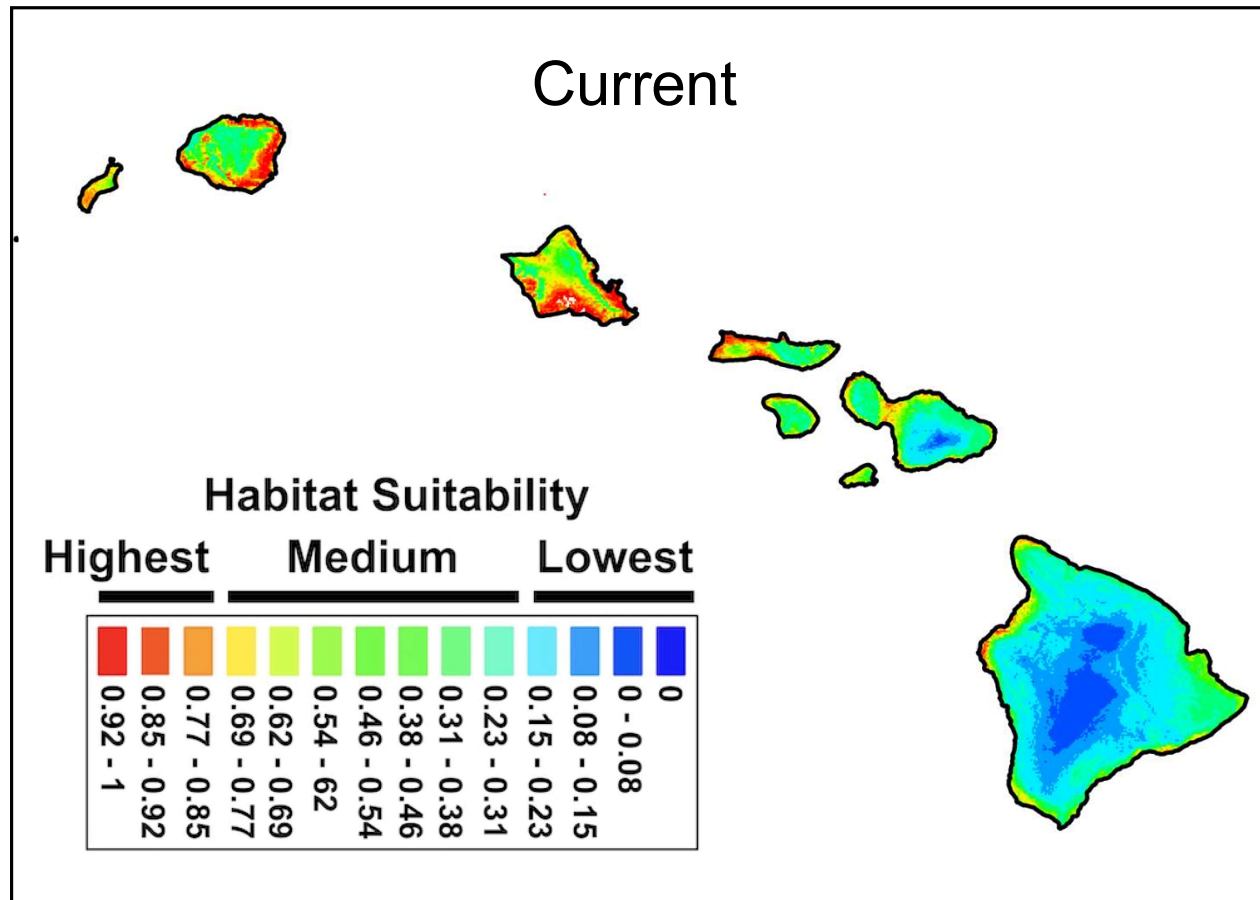


M. gordonae in Hawai'i

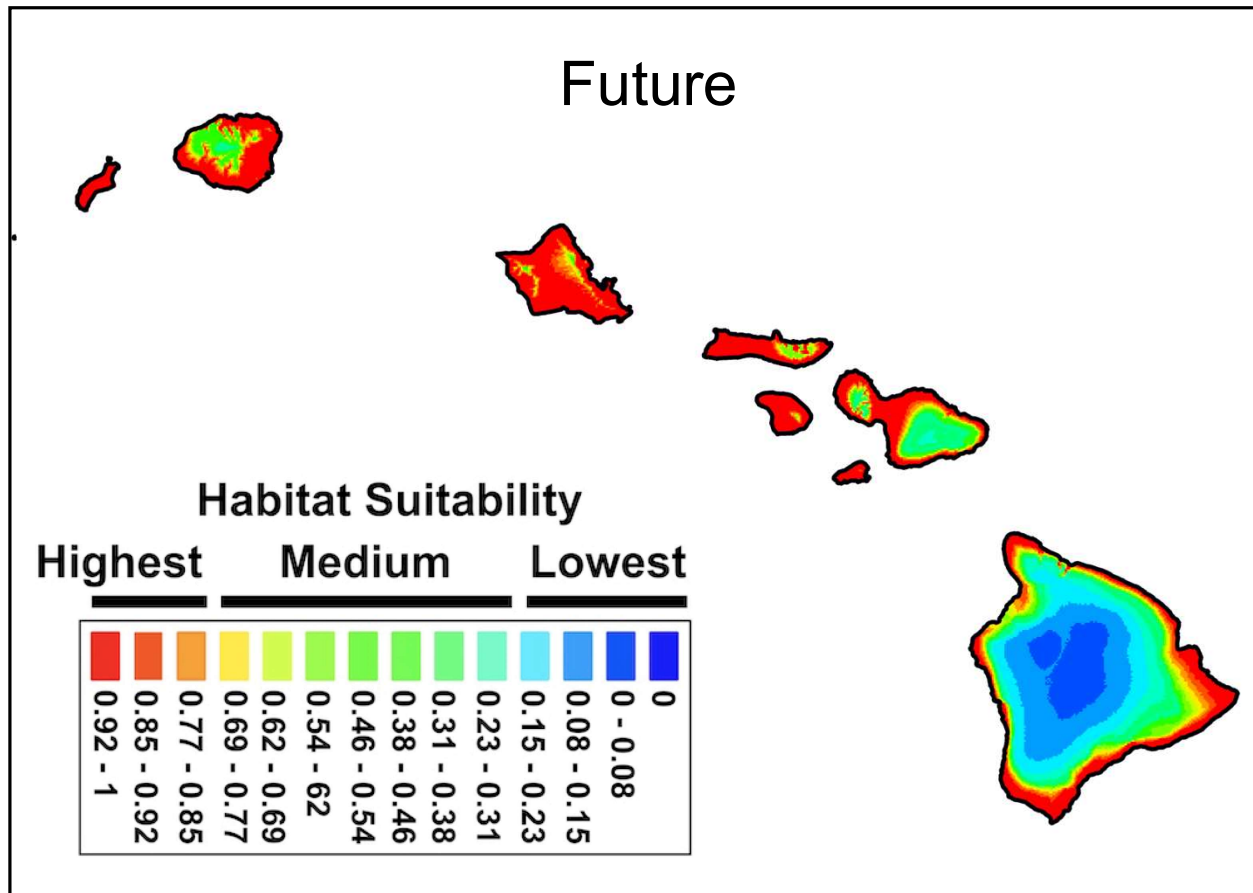


Future climate data from the years 2041 - 2070 based on the IPSL-CM6A-LR climate model and a shared socioeconomic pathway

M. chelonia in Hawai'i

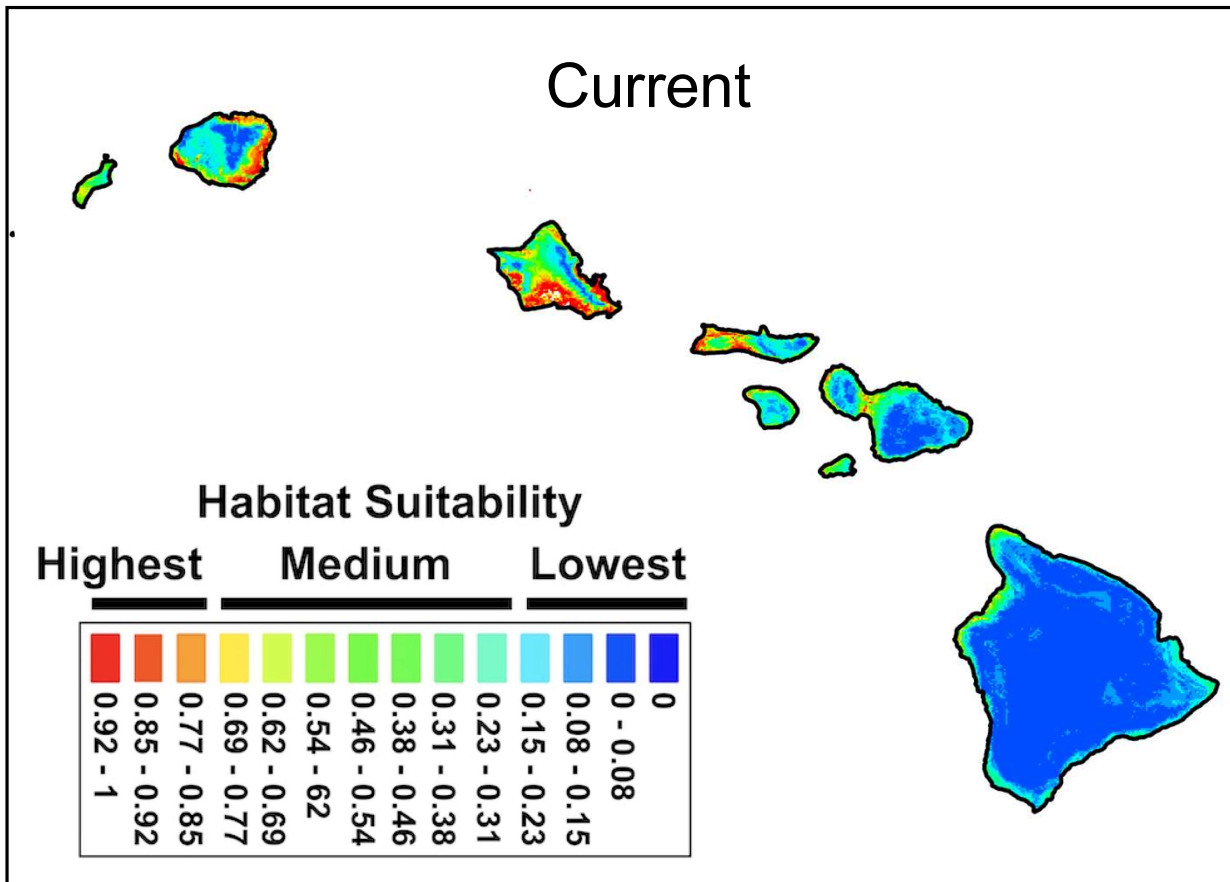


M. chelonia in Hawai'i

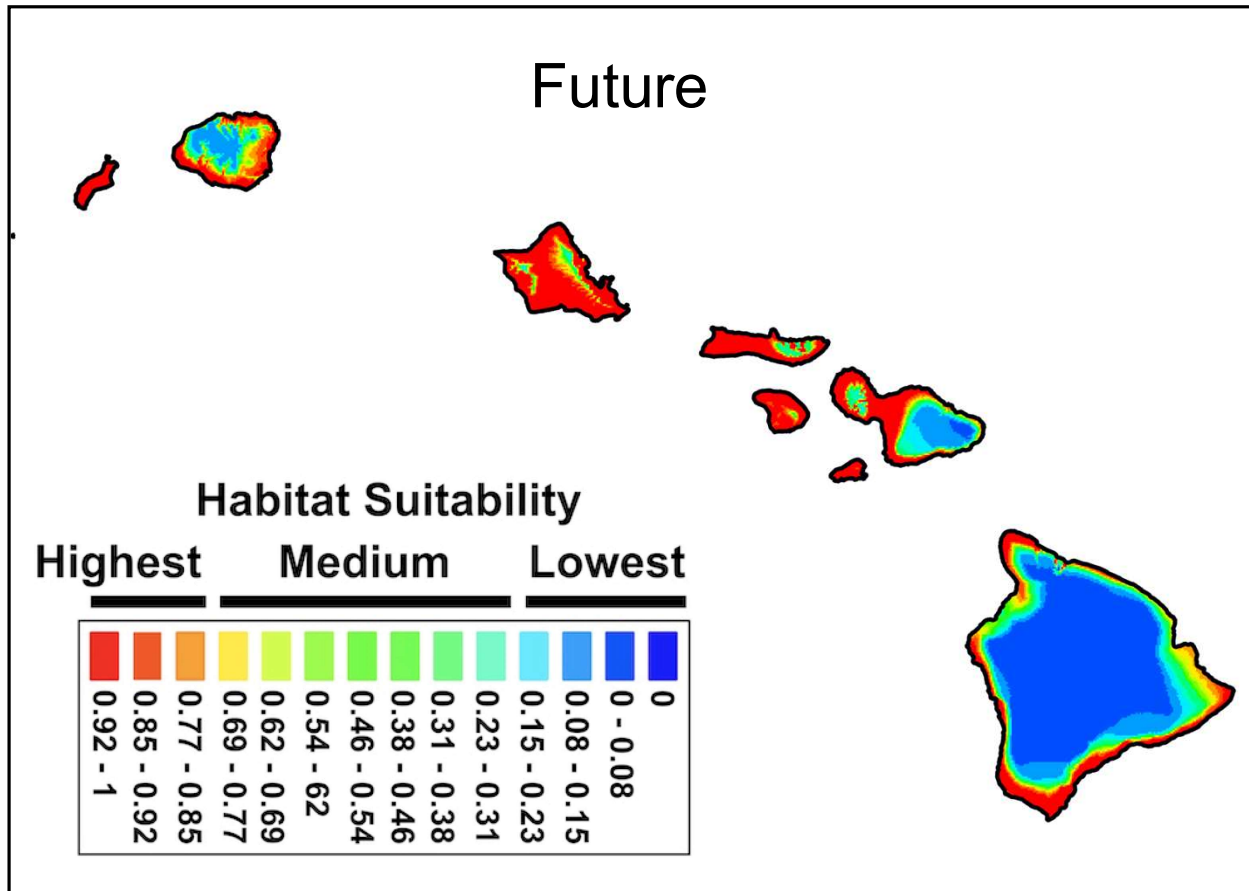


Future climate data from the years 2041 - 2070 based on the IPSL-CM6A-LR climate model and a shared socioeconomic pathway

M. chimaera in Hawai'i



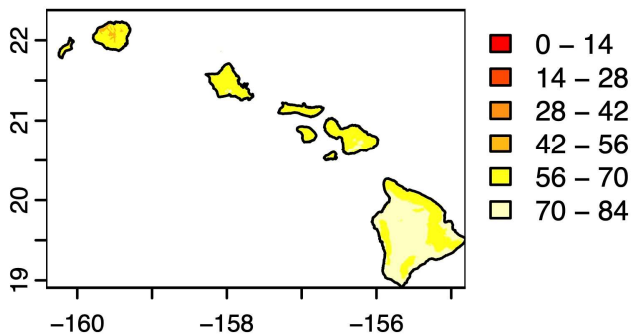
M. chimaera in Hawai'i



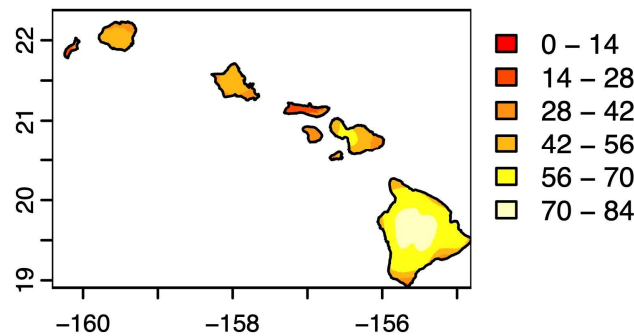
Future climate data from the years 2041 - 2070 based on the IPSL-CM6A-LR climate model and a shared socioeconomic pathway

Predicted tolerance of *M. chimaera* to future increases in nighttime temperatures

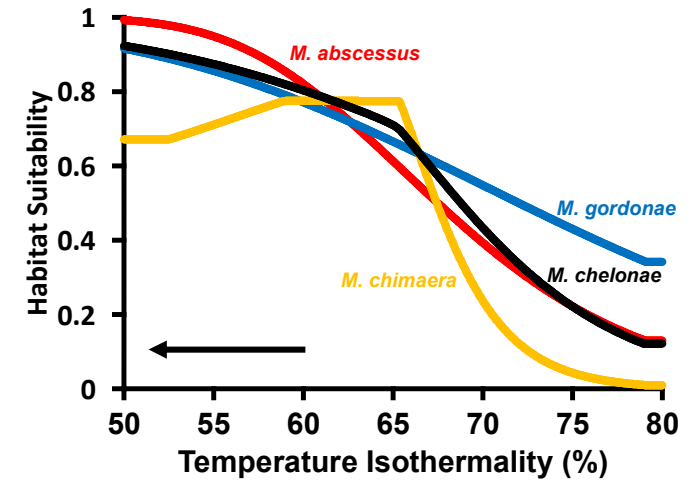
Current



Future



Warmer colors = warmer nights relative to days
(less isothermality)

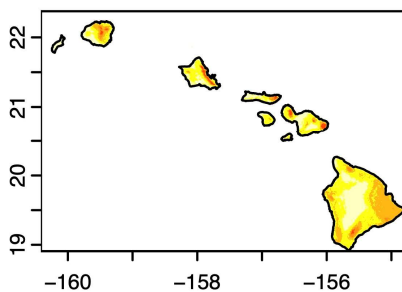


How large the day to night
temperatures oscillate relative to
summer-to-winter

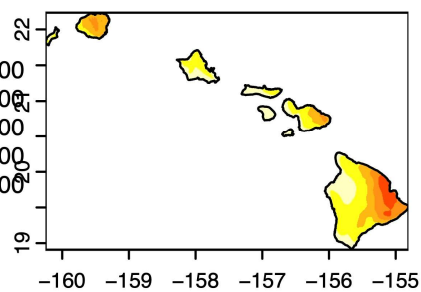
Colonization of *M. chelonae* across areas with wide ranges of precipitation

Precipitation

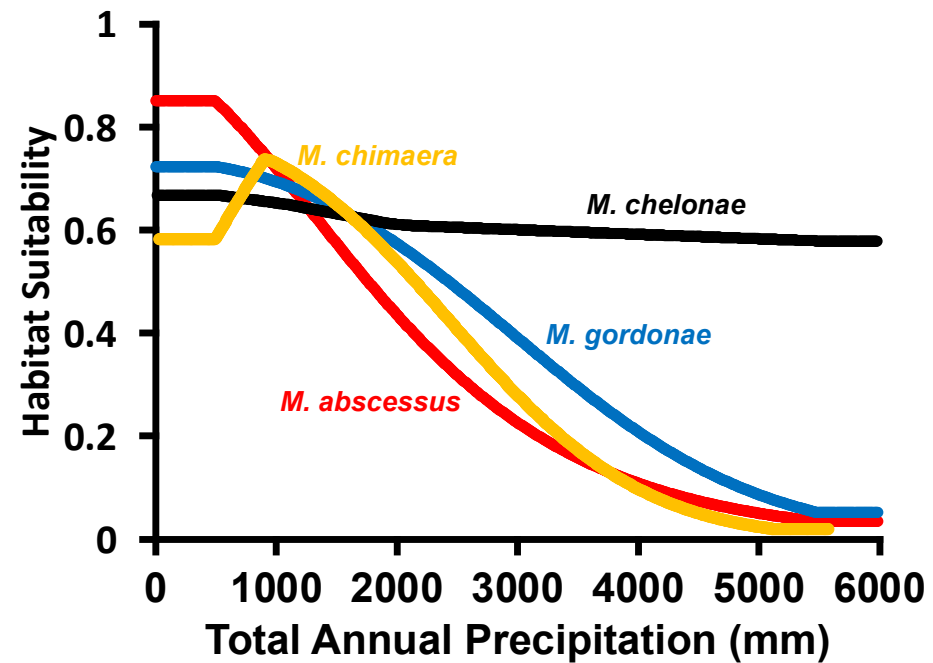
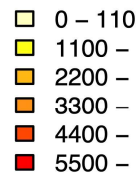
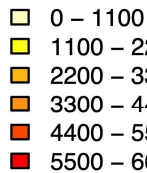
Current



Future

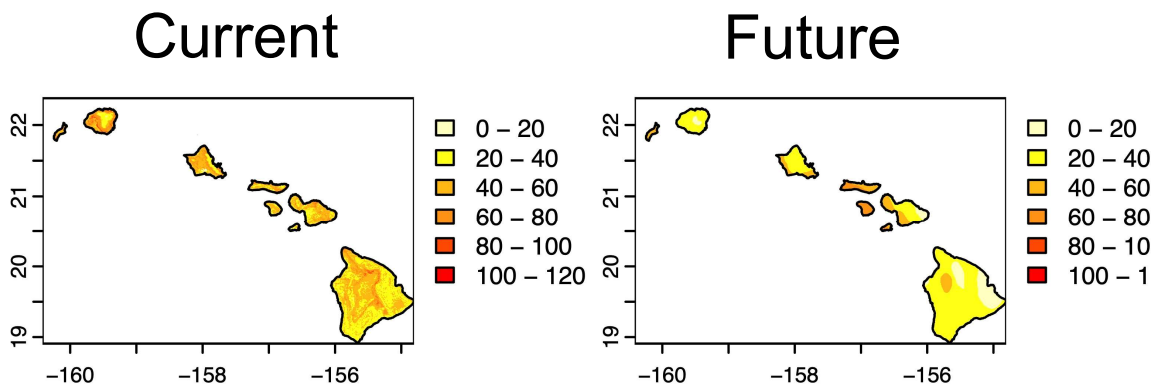


Annual
mm

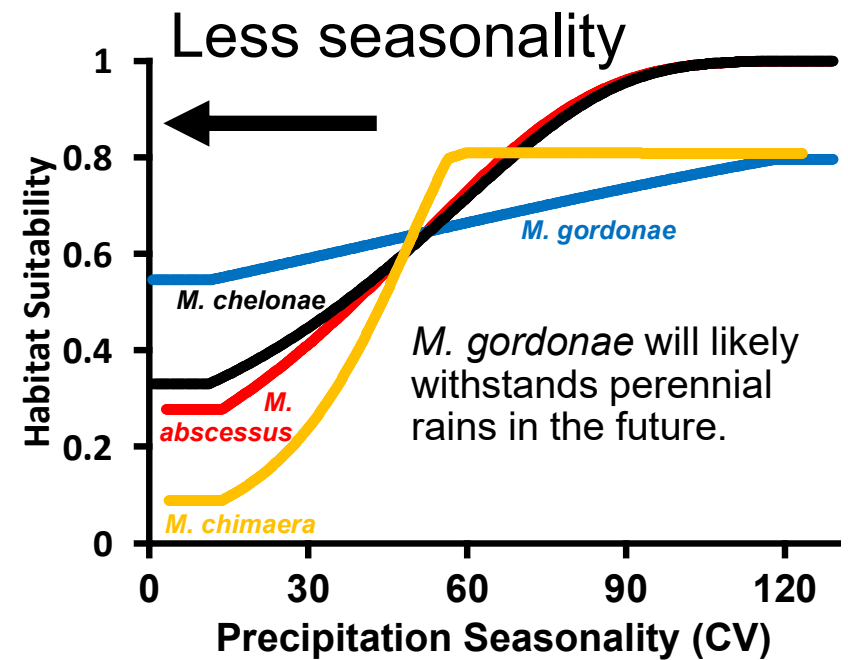


Among people with CF in FL: Precipitation and NTM
(Foote, et al., PloS One, 2021)

Precipitation will become less seasonal and more perennial in the future, impacting NTM

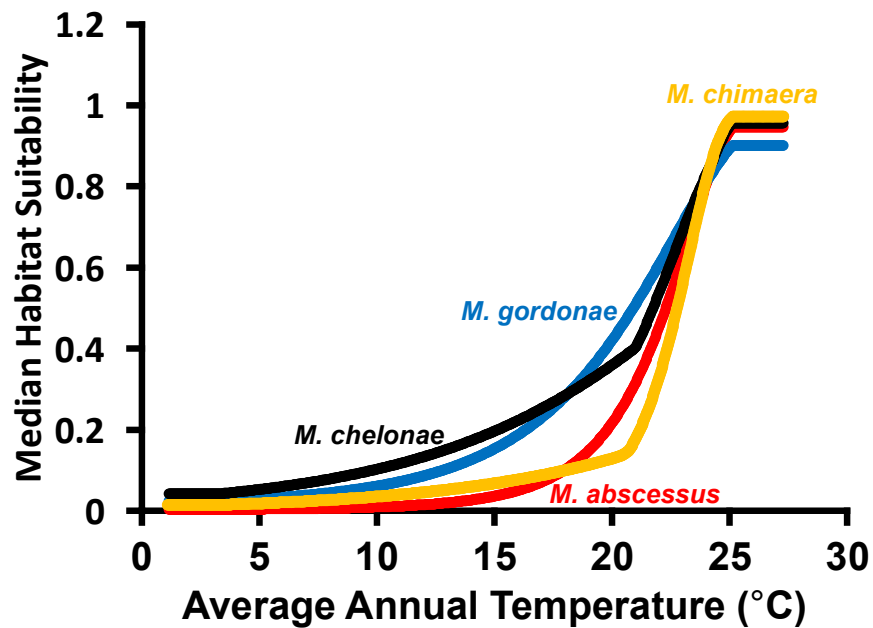


Warmer colors = more seasonal precipitation

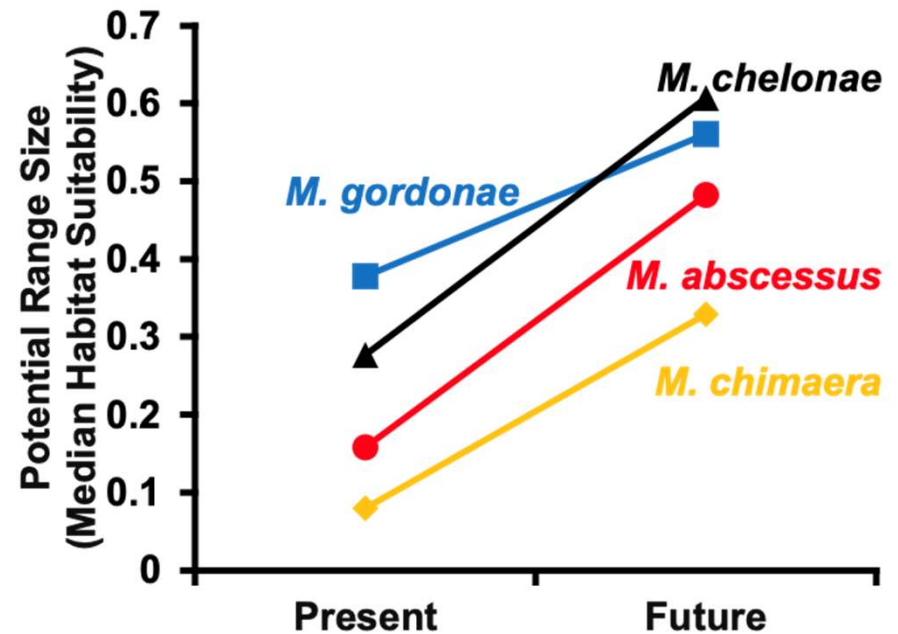


Emergence of NTM under future climates

M. chimaera will thrive in hotter climates.

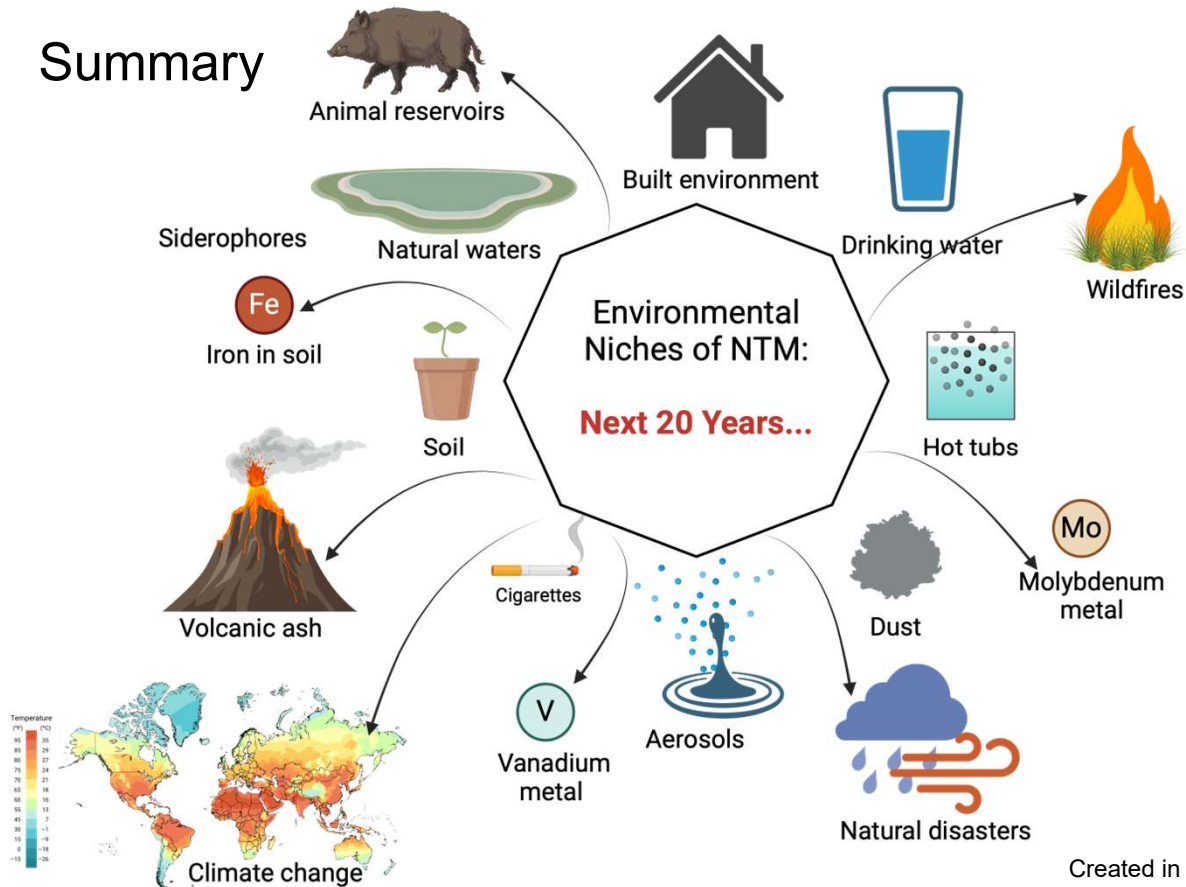


Greater NTM emergence under future climates.



Conclusions

Summary



Future directions

“We predict an increasing incidence of interactions between humans and mycobacteria in the coming years.”



Climate changes
may be increasingly recognized pressures
for the emergence of
environmentally acquired NTM.

Created in BioRender

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“Flat Stanley” Travels with our “Flat Stanley”

Ho’okipa Beach Park , Maui



Haleakalā , Maui



Waipuilani Park, Maui

