

# TESTfacts

An Educational Health Series From National Jewish Health®



## Premedication for IV Contrast Allergy

Your health care provider has scheduled you for a procedure at National Jewish Health that requires intravenous (IV) contrast. The contrast will be given as an injection in a vein using an IV.

Since you are at risk for having an allergic response to the contrast, your health care provider has ordered the medications listed below. You need to take these before the procedure to reduce the risk of an allergic response.

- The prednisone tablets require a prescription.
- The diphenhydramine (Benadryl® common brand) is available over the counter.
- These medications are available as a convenient kit from the National Jewish Health pharmacy. If you do not want to use the National Jewish Health pharmacy, ask your health care provider to send a prescription for prednisone to a pharmacy of your choice.

We suggest you enter the date and time of your procedure on this form, to remind you when you need to take the medications.

Date of Procedure: \_\_\_\_\_

Time of Procedure: \_\_\_\_\_

You can make a ✓ in the box after taking each medication to help you remember that you have already taken them.

24 hours prior to your procedure take:

- Prednisone 50 mg. by mouth

12 hours prior to your procedure take:

- Prednisone 50 mg. by mouth

1 hour prior to your procedure take:

- Prednisone 50 mg. by mouth  
 Benadryl 50 mg. by mouth

If you have questions, please contact your health care team via the patient portal or by calling 303.398.1355 Option 4 or 1.800.222.5864.

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